



# Town Happenings

A lot will be happening around Town this Winter! Come out and enjoy a few!

**Town Meeting:** Town Meetings are the 1st Monday of every month unless it happens to fall on a holiday. The Winter Town Meetings will take place on Mon., Dec. 5, Tues., Jan. 3, & Mon., Feb. 6, at the Village Green Pavilion 7:30pm.

**Community Activities Committee:** Tues., Jan. 10, 7pm Village Green Pavilion. No meeting will be held in December

**Indian Head Business Association:** Wed., Feb. 8, 8:30am Dales Smokehouse. No meeting will be held in December or January.

**Planning Commission:** Wed., Dec. 21, Jan. 25, Feb. 21, 7pm Village Green Pavilion.

**Parks & Recreation Commission** Wed., Jan. 11, Feb. 8, 6:30pm Village Green Pavilion. No meeting will be held in December.

**Environmental Sustainability Committee:** Wed., Jan. 11, Feb. 8, 7:30pm Village Green Pavilion. No meeting will be held in December.

**Work Sessions:** Wed., Dec. 14, Jan. 25, Feb. 22, 3:30pm Town Hall.

**Annual Tree Lighting Program:** Tues., Dec. 6, 7:00pm Village Green Pavilion. Holiday music from the bands and choruses from I.H. Elementary, Gen-



eral Smallwood & H.E. Lackey students, refreshments, Santa & more! Free admission! Everyone welcome!

**Annual Holiday Festival & Craft Fair:** Tues., Dec. 13, 6pm-9pm Village Green Pavilion. Live entertainment featuring, I.H. Parks & Recreation Dance Troupe, Southern Maryland Line Dancers. Homemade refreshments, hot apple cider, The Painter Family Running Antique Trains, gingerbread house contest, crafts for sale. Photos with Santa, \$1 each. Admission: \$1 each/all ages. All donations and proceeds collected to be given to NETS.

**Community Dinner & Memorial Ribbon Ceremony:** Sat., Dec. 17, 6pm-8pm Village Green Pavilion. Free Community Dinner open to the public. To place ribbon orders, call

240-375-4061 or email karen@townofindianhead.org. Ribbon deadline to place order and RSVP for dinner is Mon., Dec. 5. \$2 donation per ribbon or 6/\$10. Ribbon purchase NOT required to attend the Community Dinner. Co-hosted by the Town of Indian Head and I.H. United Methodist Church.

**Gingerbread House Making Class:** Fri., Dec. 9, 6pm-10pm and Sun., Dec. 11, 1pm-5pm Village Green Pavilion. Adults & Children 5yrs. And older. Class sizes

limited. \$13/single or \$15/pair (each additional person \$2, maximum four persons per house). Fee includes 1 house set, icing bullets and icing bags. Students bring own decorations! Pre-registration and payment required. Call or email for available class openings! 240-375-4061 or karen@townofindianhead.org



**PHVFD & RS Santa Run:** Sun., Dec. 18 starting around 5pm. Includes their 1st Due Response Areas of Knotts Subdivision and Strauss Avenue from S. Poplar Lane to Hawthorne Road. Questions/Info 301-743-7700.



**IHVFD & RS Santa Run Through Town:** Fri., Dec. 23 starting around 6pm. Questions/Info 301-743-3900.



For additional information on Town events call Karen at 240-375-4061 or email karen@townofindianhead.org



# Mayor's Message by Brandon Paulin

## TOWN OF INDIAN HEAD OFFICIALS / BOARDS / PERSONNEL

Hello everyone and Happy Holidays!

We have a lot of excitement in Indian Head this winter. Starting with our tree lighting ceremony on December 6<sup>th</sup> and many other events that you can find throughout this newsletter, this winter will be jammed pack with fun things for the whole family. So get out and enjoy our town!

Some things that have happened in town since the last newsletter!

1. Maryland-based workers' compensation insurance company, Chesapeake Employers Insurance, honored the town of Indian Head with a Premier Partner Workplace Safety Award on Thursday, October 27, 2016, for its exemplary workplace safety record.
2. Lackey Football is in the Playoffs! Go stay tuned and support your Chargers!
3. The ULI TAP took place and we are anxiously awaiting the full report from the Urban Land Institute in regards to Indian Head's revitalization.
4. The Fiber backbone is complete.

Continued progress is my #1 goal. So here are some things we're working on and will continue to pursue.

1. Working closely with ELYs and Charles County Economic Development Department to

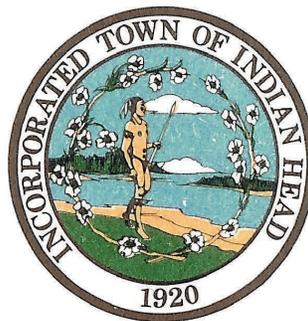
encourage and ultimately do something with that location

2. Work closely with broadband providers to make sure residents and businesses can utilize our brand new Fiber infrastructure.
3. Continue to encourage business growth and make Town processes easier for businesses to locate and stay in town.

I would also like to introduce a new business to town! If you haven't already checked it out, Vintage Redeux is an awesome addition to Town and is located in the old CACI location.

As always I encourage everyone to get out and enjoy the Town! Visit businesses, attend events, and volunteer. All are great ways to be apart of the Indian Head community.

God Bless. Until next time - Mayor Brandon Paulin



**Mayor**  
Brandon Paulin  
**Council**  
Ron Sitoula, Vice Mayor  
Curtis Smith, Councilman

**Town Manager**  
Ryan L. Hicks

**Planning Commission**  
Michael Pellegrino, Chair  
Thomas S. Blake, Sr.  
Warren Bowie  
Wayne Higdon  
Anita Sampson  
Joshua McDonald  
Mary Armstrong  
George David, Base Liaison

**Board of Zoning Appeals**  
Dennis Scheessele  
Rose Chase  
Rickie J. Posey

**Ethics Commission**  
Mark Hobgood

**Town Hall Staff**  
Annie Brady, Town Clerk  
Ginger Foster, Finance Officer  
Diane Campbell, Deputy Finance Officer  
Karen Williams, Community Affairs  
PFC Elliot (#396), Community Police Officer  
Eric Woodland, Head of Operations  
Calvin Barnes, Field Supervisor  
EAST, Inc., Water/Wastewater

**Town Website**  
[www.townofindianhead.org](http://www.townofindianhead.org)

# Councilmen's Cornerstone

Winter has arrived! As the temperatures drop we settle down in our homes, please be mindful of increased fire hazards. Contact the volunteer fire department to have a new smoke detector installed. Although we may not be outside visiting with our neighbors please do your best to check on those that may need a little extra attention. We are continuing to enhance our communications sources with you by adding the 'Nixle' public notification systems in the town to keep you up-to-date on relevant information both emergency and non-emergency; so Opt-In using the link on the Highlights section of the town website and receive message directly to your smartphone.

The Parks and recreation dance program is in full swing. We have a number of plans in store to improve and expand the program to reach more of the youth. Beginning March 2017 we will open our Farmer's Market.

Beginning in February 2017; I will host a quarterly "Councilman's Citizen Summit" that consists of a series of family focused events geared to emphasize finance; home ownership; career; health and wellness; and more for the entire family.

Councilman's Quarterly Citizen's Summit (Save the date):

February 18, 2017 from 10am - 4pm

May 13, 2017 from 10am - 4pm

July 15, 2017 from 10am - 4pm

October 14, 2017 from 10am - 4pm

February 17, 2018 from 10am - 4pm

May 12, 2018 from 10am - 4pm

July 14, 2018 from 10am - 4pm

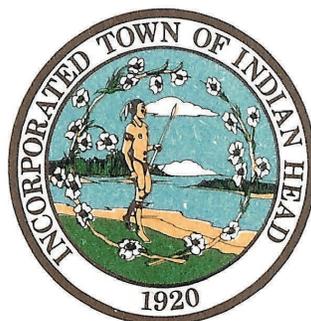
October 13, 2018 from 10am - 4pm

February 16, 2019 from 10am - 4pm

April 6, 2019 from 10am - 4pm

My sincerest thank you for entrusting me with the tremendous responsibility of moving our town forward. Although the position of council can be daunting at times I am well-equipped to do the best for you. Lastly, as your Councilman, I will always be receptive to your comments be they positive or critical. You can always email me at [curtis@townofindianhead.org](mailto:curtis@townofindianhead.org).

Warmest regards – Councilman Curtis L. Smith "We wave in Indian Head"



## CIVIC EVENTS CALENDAR

### American Legion Meeting

2nd Wednesday of each month - 8:00pm  
Senior Community Center  
301-283-0105

**Western Charles/Indian Head Chapter 126 of the National Association of Retired Federal Employees (NARFE)** meets the 1st Thursday of each month (Except July & August) 301-743-9445 or 301-743-3055

### RELIGIOUS SERVICES

#### St Mary's Star of the Sea Church

Sunday Services 7:30, 9:00 & 11:00am  
Saturday Services 5:00 pm

Confessions Saturdays 4:00 to 4:30pm  
Special Devotions 7:30am mass on the 1st Friday and 1st Saturday of each month  
301-753-9177

#### Indian Head Baptist

Sunday School 9:15am  
Sunday, Morning Worship 10:30am  
Sunday Bible Study 6:00pm  
Thursday Prayer Meeting 6:30pm  
301-743-3707

#### St James Episcopal

Sunday 8:00, 9:15 & 10:30am  
Sunday School 9:45am  
301-743-2366

#### Indian Head Church of the Nazarene

Sunday School 9:45am  
Sunday AM Worship 11:00am  
Sunday PM Worship 6:00pm  
Wednesday Adult Bible Study 7:00pm  
301-743-5768

#### Indian Head United Methodist Church

Sunday School 9:30am  
Worship 11:00am  
301-743-2312

#### Greater Spiritual Fellowship Community Church

Sunday School 9:30am  
Sunday Worship 11:00am  
Tuesday Discipleship Training 7:30pm  
Thursday Bible Study 7:30pm  
301-743-6014

#### Congregation SHA'ARE Shalom

Services 1st Friday, 2nd & 4th Saturday every month. 301-645-4606  
301-645-4606

#### Indian Head Worship Center

Sunday Christian Education 9:30am  
Sunday Morning Service 11:00am  
Sunday Youth & Young Adult Service 6:30pm  
Tuesday Bible Study 7:30pm  
Friday Evangelical Service 7:30pm  
301-743-7772

#### Cornerstone AME

Sunday Morning Service 10:30am  
301-743-6607

#### New Life Christian Ministries, Int'l

Worship Service—Sunday 11:00am  
Bible Study—Tuesday 7:00pm  
240-377-8919

# WINTER & HOLIDAY FIRE SAFETY BY CHIEF JEFF WILLIAMS

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The holiday season is intended to be cheerful and loaded with family, friends and memories. Unfortunately this time of year is also full of busy days and nights for all as we try to find time to shop, attend gatherings and plan time for family. With all these tasks, this time of year is suspect to many short cuts as we try to meet the required time frames and schedules we have set for ourselves. Unfortunately many of us get so busy and caught up in the hustle and bustle of this time of year that we tend to pay less attention to the details and take many shortcuts especially when it comes to cooking for the Holidays, decorating for the season and heating our home during the cold months, which can result in tragedy from fire damage, injuries and even deaths.

## Did you know?

- About 3,500 Americans die each year in fires and about 20,000 are injured.
- 80% of all fire deaths occur in the home.
- According to the United States Fire Administration (USFA), fires occurring during the holiday season claim the lives of over 400 people, injure 1,650 more, and cause over \$990 million in damage annually.
- Smoke alarms increase your chance of surviving a fire in your home by 50%
- Every home should have at least one smoke alarm installed on each floor.
- Per manufacturer's specifications, all smoke alarms should be replaced every 10 years.
- According to the new Maryland Law, if you are replacing your existing battery operated smoke alarms you must replace them with a new 10 year battery device. This includes even the ones that are hard-wired with battery backup.

In an effort to make this time of year incident free and safe for all, the Indian Head Volunteer Fire Department and Rescue Squad Inc. would like to offer the following Fire safety tips for all:

## Home Heating:

The leading cause of residential fires during the winter months is heating appliances and the misuse of these devices. The following are some safety tips that need to be observed when using any form of heating devices within your home.

- Be sure to follow the manufacturer's operating and maintenance instructions.
- When buying a space heater, be sure to look for the UL or FM testing laboratory label. This ensures the heater has been tested by a safety laboratory and certified.
- Ensure the heater is equipped with an emergency tip-over device. This will ensure that if the heater is knocked or tipped over it will shut off automatically.

## Carbon Monoxide Poisoning:

Carbon monoxide is an odorless and tasteless gas that can make you and your family members sick and can even cause death. Some symptoms of carbon monoxide poisoning include headache and dizziness, nausea, convulsions, respiratory arrest which can lead to death. Carbon monoxide is caused by the incomplete combustion of fuel products such as fuel oil, propane, natural gas and even the log in your fireplace.

If you heat your home with any of these types of fossil fuels please follow these simple tips to help keep your family safe,:

- Be sure to install at least one Carbon Monoxide alarm in your home.
- These devices should be placed either in the hallways or in the sleeping areas of the home.
- Purchase a device that is electric with a battery backup to ensure they work in the event of a power failure.
- Should your detector go into alarm, leave your home as is and contact the fire department. By opening windows and doors in an attempt to ventilate the home, the fire department could get false readings on their meters.
- Be sure to replace the battery in these devices annually just as you would in a smoke alarm to ensure their operability.

## Cooking Safety:

The kitchen is the heart of the home, especially during the holidays. Family, especially the children love to be involved with the preparations. Safety in the kitchen is important all year but especially during the holiday season when there is a lot of activity and people at home.

Cooking equipment, most often a range or stovetop is the leading cause of reported home fires and home fire injuries in the United States. In addition, cooking equipment is also the leading cause of unreported fires and associated injuries this time of year. Here are some cooking safety tips to help keep you and your family safe in the kitchen.

- The leading cause of fires in the kitchen is unattended cooking.
- Be sure to stay in the kitchen when you're frying, broiling or baking any food. If you must leave the kitchen for even a short period of time, have an adult watch the cooking or turn the stove off.
- If you're simmering, roasting or broiling, be sure to check it regularly and use a timer to remind you of cooking times.
- STAY ALERT! Be sure to be well rested and try to stay away from alcohol to reduce your chances of fatigue and altered mental status.
- Be careful around the burners and heating elements, keep all potholders, oven mitts and other combustibles away from the heat.
- Be sure to wear short, close fitting or tight rolled sleeves when cooking. Loose clothing can dangle over the stove burners and can catch on fire.
- Be sure to have a 3 feet "Kid-Free Zone" around the stove and oven to prevent children from getting too close to the appliances and possibly getting burned.

**If a fire on the stove occurs, please remember the following:**

- Stay calm.
- Smother the fire by placing a lid on top of the pan.
- Turn the burner off and allow the pan to cool completely before removing it from the stove.
- If a fire occurs in the oven, leave the door closed as fresh air will cause the fire to accelerate.
- Turn the oven off and allow it to cool completely before opening the door.
- Be sure to use only the appropriate fuel in these heaters, using the wrong or inappropriate fuels can lead to an explosion, fire and serious injury.
- If you use a fireplace for heating your home be sure to have it professionally cleaned and inspected each year.
- Always use a fire screen and burn only appropriate materials.
- Be sure to properly dispose of the ashes in a metal container and store it away from your home.
- Be sure to replace the battery in these devices annually just as you would in a smoke alarm to ensure their operability.

**Decorations:**

- Be sure to purchase and use only UL or FM approved indoor and outdoor lighting and decorations.
- Be sure all electrical cords are in proper working condition with no frayed or damaged areas.
- Never attempt to repair any lighting or extension cords; this could cause a fire due to a short circuit.
- Never overload electrical outlets, all the manufacturers strongly recommend not to link more than three strands of lights together on one extension cord or power supply.
- Be sure to connect all lighting to the extension cords before plugging the cord into an outlet to reduce a power surge on the electrical system.
- Check all wiring periodically, they should never be warm or hot to the touch. If they do become warm or hot, you should disconnect them immediately and replace them.
- Be sure to turn off or unplug all lighting and decorations when you're not at home or go to bed.
- **Never leave holiday lighting unattended.**

**Christmas Trees:**

According to the United States Fire Administration, during the past 5 years U.S. fire departments have responded to an average of **250 home fires** that started with Christmas trees per year. **These fires caused an average of 14 deaths, 26 injuries, and \$13.8 million in direct property damage annually.**

Continued on Page 6

- If you use a live Christmas tree be sure to choose a freshly cut one. The needles should be green and hard to pull off the branches.
- Tap the tree on the ground and see if the needles fall off, if they do the tree has begun to dry out and could be a severe fire hazard.
- Before setting the tree up in your home be sure to cut one to two inches off the trunk to allow the tree to draw water from the stand more evenly.
- Be sure to use a stand with a base for better balance and a deep water reservoir to immerse the trunk. This will allow for ample water helping to keep the tree fresh.
- Be sure to check the water level daily and add water as needed.
- Keep the tree away from all heat sources such as fireplaces, heat registers and portable heaters to prevent it from drying out.
- Be sure to set the tree up out of traffic areas to prevent it from being knocked over and from blocking your exit from the home in the event of an emergency.
- Be sure to dispose of your tree properly before it dries out by taking it to a recycling center or having it hauled away by a community pick-up service.
- If you are using an artificial tree, be sure that it has the UL or FM label on it.

**The Indian Head Volunteer Fire Department & Rescue Squad would like to wish everyone a Happy and Safe Holiday Season. By following these basic safety tips, you and your family enjoy a Fire Safe Holiday Season. For more information on Fire/Life Safety or if you have any questions contact the fire station at 301-743-3900 or 301-753-9400.**

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**New Life Christian Ministries  
Watch Night Service**

Join New Life Christian Ministries Int'l, Saturday, December 31, 2016 for our annual New Year's Eve Celebration. Service will begin at 9:30pm and breakfast will be served after service. We look forward to you joining us for a wonderful and joyous time as we celebrate all that God has done and all the He is doing.

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**FOSTER CARE AND ADOPTION PROGRAM**

The rewards of being a foster or adoptive parent are immense and immeasurable. A foster or adoptive parent provides short term care for children who have been victims of abuse, abandonment and neglect.

**We Are Looking For Someone Like You To Be A Foster Parent To ONE Child In Charles County.**

YOU WILL MAKE A DIFFERENCE IN THAT CHILD'S WORLD

**Free Training, Monthly Stipend and Case Management Services will be provided...**

To Learn More

Contact:

Charles County Department of Social Services

Tri-County Recruiter & Trainer at (301) 392-6727; cclarke@maryland.gov

# Town of Indian Head Useful Information

## Holiday Closings

Town Hall, Public Works and the Community Affairs Office will be closed on the following days this quarter in observance of the holiday listed:

**Friday December 16 (Closing at 12:30pm)**

**Christmas Holiday**

**Monday, December 26**

**\* NO trash pick-up**

**New Year's Holiday**

**Monday, January 2**

**\* NO trash pick-up**

**Martin Luther King Day**

**Monday January 16**

**\* NO trash pick-up**

**Presidents Day**

**Monday February 20**

**\* NO trash pick-up**

If you have a water or sewer emergency after hours, call 301-743-2222 to report your emergency. On-call Town personnel will be contacted and the problem will be handled accordingly.

After hours non-emergency type problems can be reported by leaving a message on the Town Hall office number 301-743-5511. Be prepared to furnish your name, address, phone number and brief, but detailed description of the type of problem. Water cutoffs for non-payment are not considered emergencies and are only handled during Public Works regular business hours.

## Town Codes

- **Burning**—No burning is allowed within the Town limits.
- **Animal Control**—Dogs and cats must be kept on the owner's property unless properly restrained. The Charles County Animal Control provides animal enforcement within the Town. Call 301-932-1713 if you have a problem.
- **Abandoned or Inoperative Vehicles**—are prohibited within the Town and may not be kept on the street for more than 24 hours or on private property, with certain exceptions. Call Code Enforcement at 301-743-5511 ext. 101 with any questions.
- **Property Maintenance**—Every dwelling and lot shall be kept free from trash and garbage. Weeds and grass must be cut and kept shorter than 10 inches.
- **Building Code**—The Town has an adopted building code. Any new construction or remodeling, including, but not limited to porches, fences, sheds and garages, requires inspection and a building permit from the Town.

## Town Meetings

1st Monday every month at 7:30 p.m. at the Village Green Pavilion. Televised 8 p.m. first two Fridays each Month on Comcast Channel 99. meetings will also be televised on CCGTV on Mondays at 10 a.m. and Wednesdays at 7 p.m. Comcast channel 99 and FIOS channel 12.

## Town Hall

### Office Hours

**Monday - Friday**

8:30 a.m.- 4:30 p.m.

### Phone Numbers

Ofc: 301-743-5511

Fax: 301-743-9008

## Recycling/Yard Waste

Solid waste products such as glass jars and bottles, newspapers, plastic bottles and metal cans will be picked up at the curb every Wednesday within the Town of Indian Head. Place these items in your recycling bin—no need to separate them.

Yard waste will be collected on Wednesdays, year-round, weather permitting. Grass clippings and leaves must be placed in brown paper bags or in a trash container marked "Yard Waste" and placed at curbside. Brush must be bundled and must not be any longer than four feet (4') in length. Individual pieces of brush must not be any larger than six inches (6") in diameter. Bulk Trash can now be scheduled year-round on Wednesdays. Fee of \$50 (cash or money order **ONLY**) per scheduled pick-up must be paid in advance at time of scheduling at Town Hall. All items must be curbside by 7:00am on the prescheduled pick-up day but not earlier than 48 hours prior to pick-up day.

## Utility Rates

The Town bills for utilities on a quarterly basis. Please make note that you will be receiving a bill four times a year (July, October, January and April). You are encouraged to make an estimated payment monthly toward your quarterly bill. For more information you can call Town Hall at 301-743-5511

### Water & Sewer Rates

Minimum rate for all residential customers \$ 70.40

**(per dwelling unit per quarter) plus**

**\$6.85 for every 1,000 gallons used**

Minimum rate for all commercial customers \$ 212.80

**(per unit per quarter) plus**

**\$6.85 for every 1,000 gallons used**

### Bay Restoration Fee

**\$15.00 to State of Maryland Comptroller's office for the Bay Restoration Fund**

### Trash Rates

**Residential/Multiple Residential Rate: \$ 80.00 (per dwelling unit per quarter)** - Billed quarterly for twice a week curb-side pickup and one (1) recyclable products pickup per week.

### Commercial Rate

Category I Dumpster (4cu yds) \$495.00 per qtr

Category II Maximum 2 cans \$95.00 per qtr (per unit)

Each additional can \$46.00 per qtr

**All residential and commercial units within the Town of Indian Head shall avail themselves of the Town's curb-side trash collection service.**

## Business Highlights



**DALE'S SMOKEHOUSE**  
 301-743-6777  
 Dale Hayes/Pam Hundley  
 dalessmokehouse@aol.com 4645 Indian Head Hwy  
 Indian Head, MD 20640

**Michelle's Cakes**  
 4336 Indian Head Hwy,  
 Indian Head MD, 20640  
 301 246.9007  
 www.michellescakes.net  
 michellescakes@yahoo.com  
 Find Me On Facebook



*Hilltop Salon & Tanning, LLC*  
 Full Service Salon

*Susan McCormick*  
 owner/manager

4171 Indian Head Hwy.  
 Indian Head, MD.20640

301-743-5902 301-753-0600

hilltopsalon@verizon.net




**Vincent Ippolito**  
 President/Pharmacist

**Indian Head Care Pharmacy**  
 The pharmacist you know the care you deserve

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Hometown Pharmacy 301-684-2580  
 www.indianheadcare.com 301-684-2693  
 4115 Indian Head Hwy.  
 Indian Head, MD, 20640



**Village Green Designs**  
 A Sewing & Craft Studio

*Sewing, Embroidery, Crafts, Quilting,  
 Scrapbook Supplies, Classes and Dry Cleaning*

Barbara Wheeler 301-743-2237  
 3 North First Street, Suite B vgdstudio@verizon.net  
 Indian Head, MD 20640 www.villagegreendesigns.com

## The Port Tobacco Players

The Port Tobacco Players and the Indian Head Center for the Arts will be presenting "God of Carnage" at the Black Box Theater. The play involves a playground altercation between 11-year old boys that brings together two sets of parents for a meeting to resolve the matter. At first, diplomatic niceties are observed, but as the evening progresses, and the rum flows, the gloves quickly come off. God of Carnage, which contains MATURE LANGUAGE, earned the Laurence Olivier Award for Best New Comedy and three Tony Awards, including Best Play in 2009. This play will be presented at the black Box Theater on Fridays and Saturdays at 8:00pm on November 18 & 19, December 2 & 3 and December 9 & 10. Tickets can be purchased online by visiting [www.ptplayers.com](http://www.ptplayers.com).

Port Tobacco Players proudly presents at the Indian Head Center for the Arts...

**God of Carnage**



*A comedy about manners ... without any*

## Black Box Theater

THE HOLIDAYS ARE ALMOST HERE! Make your plans now to visit the BLACK BOX THEATER to get in the holiday mood. We have something for everyone starting this month. Check out our schedule for the remainder of 2016 and into the new year.

**Port Tobacco Players present God of Carnage:** December 2 & 3, December 9 & 10.

**Holiday Sing Along:** December 16, 7pm

**Comedy with a Cause:** December 17

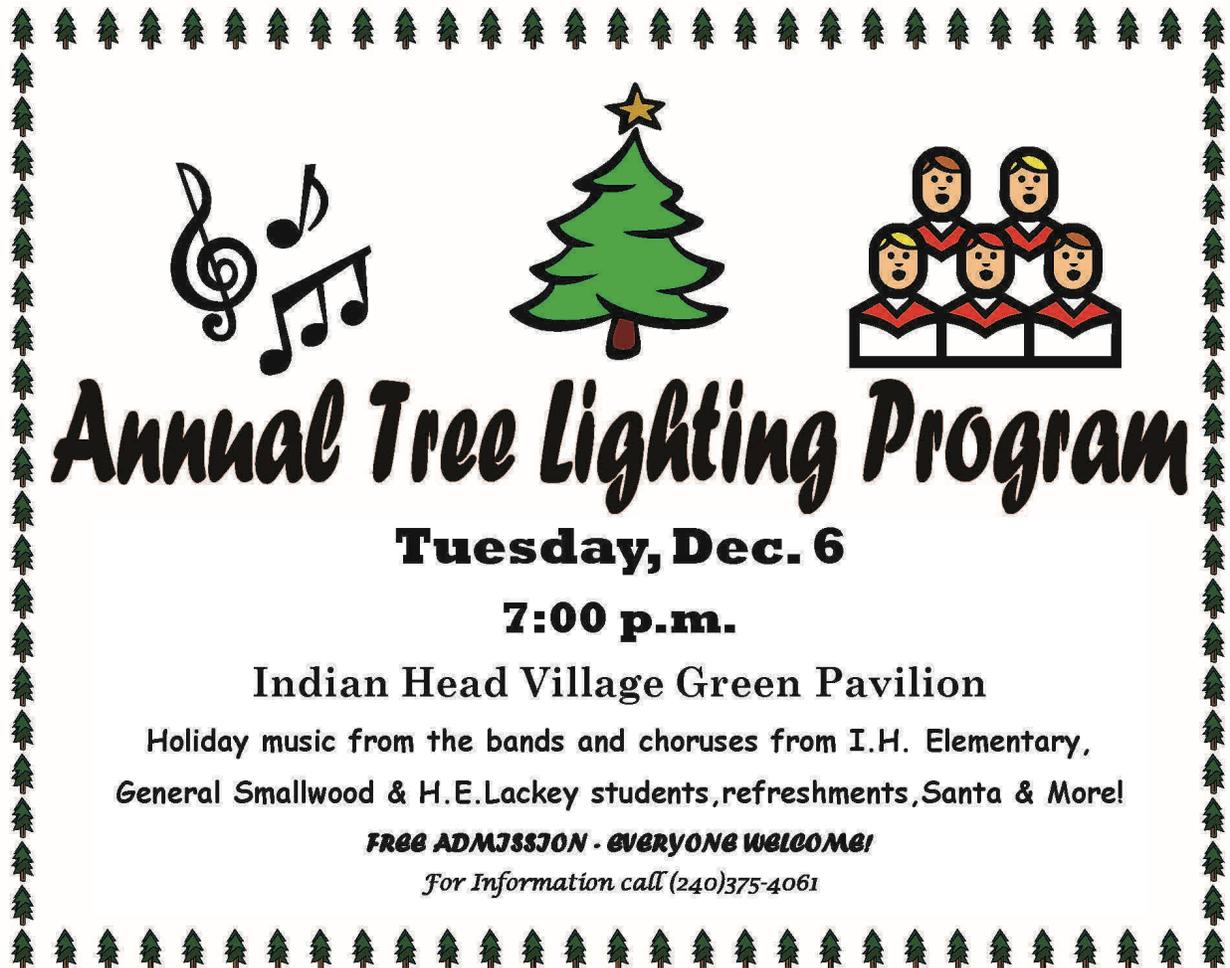
**Children's Program:** December 18 at 4pm, two plays The Fisherman and his Wife and Sneetches. Refreshments will be served for the kids.

**Heart Cry Church** offers church services and consulting every Sunday from 11am to 1pm.

**Heart Cry Community Movie Night:** December 11th, 5pm to 7pm

Tickets are available at the door or on the website: [indianheadblackbox.org](http://indianheadblackbox.org) or call Pam at 301-743-3040.

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The poster is framed by a decorative border of small evergreen trees. At the top, a row of larger evergreen trees spans the width. In the center, there are three icons: a treble clef with two musical notes, a green Christmas tree with a yellow star on top, and a group of five stylized people in red and white robes representing a choir. Below these icons, the text reads: "Annual Tree Lighting Program" in a large, bold, black, cursive-style font. Underneath that, "Tuesday, Dec. 6" is written in a bold, black, sans-serif font. Below that, "7:00 p.m." is written in a bold, black, sans-serif font. The location "Indian Head Village Green Pavilion" is written in a black, sans-serif font. Below the location, the text "Holiday music from the bands and choruses from I.H. Elementary, General Smallwood & H.E.Lackey students, refreshments, Santa & More!" is written in a black, sans-serif font. At the bottom, "FREE ADMJSSJON - EVERYONE WELCOME!" is written in a bold, black, sans-serif font, with some typos. Below that, "For Information call (240)375-4061" is written in a black, sans-serif font.

**Annual Tree Lighting Program**  
**Tuesday, Dec. 6**  
**7:00 p.m.**  
Indian Head Village Green Pavilion  
Holiday music from the bands and choruses from I.H. Elementary,  
General Smallwood & H.E.Lackey students, refreshments, Santa & More!  
**FREE ADMJSSJON - EVERYONE WELCOME!**  
For Information call (240)375-4061

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# INDIAN HEAD SENIOR CENTER – THE PLACE WHERE OLDER AMERICANS PLAY



The Indian Head Senior Center is located on the Village Green in the Old Post Office. Our address is 100 Cornwallis Square. If you are at least 60 years young we encourage you to be a part of our fast paced center, where we encourage our seniors to be independent as long as possible physically, mentally, spiritually and socially.

**On Saturday, October 8, 2016** over 100 people braved Hurricane Matthew to support our 11<sup>th</sup> Annual Breast Cancer Awareness Fitness Walk. This year the money raised stayed in the county benefitting, **Sisters at Heart** breast cancer support group established in 2007. As of 11/2 we have raised over \$5,100. Money is still trickling in.



## **Ongoing activities at the senior center to keep you healthy and moving:**

Every month Charles County Department of Community Service – Aging Division publishes the SCOOP. The SCOOP provides a list of all activities in three of the four senior centers in the county. The Indian Head Senior Center activities can be found on pages six and seven. Click on the link for the web version of the SCOOP <http://www.charlescountymd.gov/cs/aging/senior-centers>.

**Tai Chi for Health** – Meeting at 8:30 every Monday and Wednesday, this class is for the more advanced Tai Chi students – Fitness Card needed

**Tai Chi Quan: Moving for Better Balance** is an evidence-based fall prevention program for older adults that also aids with Arthritic pain. Ongoing every Monday and Wednesday at 10:30

**Arthritis Foundation Exercise Foundation (AFEP)** – This seated program is a community-based recreational exercise program that was originally developed by the Arthritis Foundation in 1987. Every Tuesday and Thursday at 10:30.

**Seated Massage** – 2<sup>nd</sup> Friday of each Month – Sign up is required. .50 per minute.

**Quilt N' Chicks** – Meet every Tuesday at 10 a.m.

**Hooked on Yarn** – Bring your hook and learn how to crochet or knit. Meeting every Wednesday at 9:15.

**Aquatic Exercise** at Lackey Pool– check SCOOP for start date, the cost is \$45.

**Line Dancing** days vary check the SCOOP

**Chair Pilates** every Tuesday and Thursday morning at 9:15 – the cost is a fitness card.

**Fitness Training** every Monday and Wednesday morning at 9:15 – the cost is a fitness card.

**Chair Yoga** Integral Yoga can be done from a chair or on a mat. For levels and abilities every Friday at 9 a.m. – the cost is a fitness card

**Circuit Training** check the SCOOP – Fitness card

**Meet the Trainer** – by appointment. Cost \$20 for 3 – Half hour sessions or \$10 for a half hour session.

**OTHER** - The pool table, fitness equipment and computer lab is available every day.

Fitness Card is \$15 for 15 visits.

**The Book Club** meets every 4<sup>th</sup> Wednesday at 11 a.m., selections for 2017 are not available, and in December we will be reading *Still Life with Bread Crumbs* by Anna Quindlen.

### What's new at or coming to the center?

- Piano Lessons Part II will start Tuesday, January 10<sup>th</sup> for 8 weeks and only \$20.00. Call the center to be included. Space is limited.
- TOPS – Take Off Pounds Sensibly will be starting a chapter at the center, more information will be available on December 1<sup>st</sup>.
- Jazzing Up the Holiday Party, Thursday, December 15<sup>th</sup>, cost is \$5.00 includes your meal
- Flex and Stretch Class will begin soon in the afternoon
- Scrapbooking event on Saturday, January 7, 2017 9am – 9pm only \$25.00 meals included, space is limited

Want to buy something unique and handmade? You only need to travel to the senior center. Our Market Days put extra dollars in the pockets of our seniors. Mark your calendar for our next Market Days:

- Just in time for the holidays, **Thursday, December 1, 2016** - 9am to 3pm
- Just in time for Easter, Thursday, March 30, 2017 - 9am to 3pm
- Just in time for 4<sup>th</sup> of July, June 29, 2017 – 9am to 3pm

Stop in during our operating hours, Monday through Friday, 9am to 3pm and meet the staff and the council. Like us on facebook at ihsc council.



# GINGERBREAD HOUSE MAKING CLASS



Celebrating  
**22** Years  
of Fun!



**Friday, Dec. 9**

6:00-10:00pm

**Sunday, Dec. 11**

1:00-5:00pm

*Village Green Pavilion*

Adults & Children 5 yrs. and older — Class Sizes Limited

\$13/single or \$15/pair (each additional person \$2.00 maximum four persons per house)

Fee includes 1 house set, Icing bullets & Icing Bags—Students bring own decorations!

Pre-Registration & Payment Required

- Karen 240-375-4061 or email [karen@townofindianhead.org](mailto:karen@townofindianhead.org)

Call or email for available class openings!



ANNUAL

## Holiday Festival & Craft Fair

TUESDAY, DEC. 13 6:00 - 9:00 P.M.

Indian Head Village Green Pavilion



**Live Entertainment**

Featuring

I.H. Parks & Recreation  
Dance Troupe



Southern Maryland  
Ling Dancers



Homemade Refreshments  
Hot Apple Cider



Gingerbread House  
Contest



Crafts  
for  
Sale

The Painter Family  
Running Antique Trains



Photos w/Santa  
\$1.00 each

ADMISSION: \$1.00 EACH/ALL AGES  
All donations & proceeds collected to be given  
to NETS (Neighbors Eager To Serve) Program

Sponsored by the Town of Indian Head—For more information call 240-375-4061 or [karen@townofindianhead.org](mailto:karen@townofindianhead.org)



*Town of Indian Head*



# *Community Dinner & Memorial Ribbon Ceremony*

**Saturday, Dec. 17**

**6:00-8:00 p.m.**



**Indian Head Village Green Pavilion**

**FREE Community Dinner Open to the Public**

*To place Ribbon Orders, call 240-375-4061  
or email [karen@townofindianhead.org](mailto:karen@townofindianhead.org)*

*Ribbon Deadline to place order & RSVP for Dinner  
is Monday, Dec, 5*

*\$2.00 donation per Ribbon or 6/\$10.00*

*Ribbon Purchase NOT required to attend the Community Dinner*



CO-HOSTED BY  
TOWN OF INDIAN HEAD AND  
I.H. UNITED METHODIST CHURCH  
  
FOR MORE INFORMATION -  
240-375-4061  
[KAREN@TOWNOFINDIANHEAD.ORG](mailto:KAREN@TOWNOFINDIANHEAD.ORG)



**I.H.V.F.D. & R.S.  
Santa Run  
Through  
Town**

**Friday  
Dec. 23**

**Starting around 6:00pm**

Questions/Info IHVFD & RS 301-743-3900



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**P.H.V.F.D. & R.S.  
Santa Run  
Sunday, Dec. 18**

**Starting around 5:00pm**

**(includes their 1st Due Response Areas of  
Knotts Subdivision & Strauss Ave. from  
S. Poplar Lane to Hawthorne Road)**

Questions/Info PHVFD&RS 301-743-7700



## Town Fall Leaf Vacuum Collection *Begins November 1*

**Leaf Vacuum Collection** is offered by the Town on Wednesdays during the fall season, weather permitting.

- \*Only leaves free of sticks, rocks and debris can be raked to the curb.  
DO NOT COMBINE BRANCHES, ROCKS, OTHER DEBRIS WITH LEAVES!!!!
- \*Do not rake leaves into the paved portion of streets or into storm drains
- \*Brown bagged leaves placed curbside will be picked up with other yard waste during the regular Wednesdays year-round pick-up
- \*Keep regular household trash containers separate from yard waste
- \*Bagged yard waste may be placed curbside on Wednesdays year-round for pick up

Crew will conduct one complete pass through of the entire Town before doubling back on streets

BURNING OF LEAVES IS NOT PERMITTED  
NO OUTDOOR BURNING OF ANY KIND IS PERMITTED IN TOWN LIMITS  
**LAST DAY for the Leaf Vacuum is January 1, 2017 or the First Snowfall**

Vacuum Collection is subject to weather  
Should snow removal be required, the leaf vacuum will not operate  
**Call Town Hall to confirm the operation schedule *before* raking your leaves to the curb.**

Town Hall (301)743-5511/753-6633



*Town of Indian Head*

*Annual Christmas*

*Tree Removal*

Every Wednesday,

Beginning Dec. 28 thru Jan. 25



Place discarded tree curbside with regular yard waste.

Tree must be free of decorations

*More Information: (301)743-5511*