

Town of Indian Head SMOKE SIGNALS

**ISSUE 63
FALL 2018**

Town Hall

Office Hours

Monday - Friday
8:30 a.m. - 4:30 p.m.

Phone Numbers

Ofc: 301-743-5511
Fax: 301-743-9008

Holiday Closings

Town Hall, Public Works and the Community Affairs Office will be closed on the following days this quarter in observance of the holidays listed:

Labor Day

Monday, September 3

NO Trash Pickup

Veteran's Day

Monday, November 12

NO Trash Pickup

Thanksgiving Day & Day After

**Thursday & Friday,
November 22 & 23**

NO Trash Pickup

***Recycling will be on
Friday, November 23***

If you have a water or sewer emergency after hours, call 301-743-2222 to report your emergency. On-call Town personnel will be contacted and the problem will be handled accordingly.

After hours non-emergency type problems can be reported by leaving a message on the Town Hall office number 301-743-5511. Be prepared to furnish your name, address, phone number and brief, but detailed description of the type of problem. Water cutoffs for non-payment are not considered emergencies and are only handled during Public Works regular business hours.

A lot will be happening around Town this Fall! Come out and enjoy a few!

Town Meeting: Town Meetings are the 1st Monday of every month unless it happens to fall on a holiday. The Fall Town Meetings will take place on Tues., Sept. 4 Mon., Oct. 1 and Mon., Nov. 5 at the Village Green Pavilion 7:30pm. The Town Meeting is televised at 8pm on the first two Fridays each month on Comcast Channel 99. Meetings will also be televised on CCGTV on Mondays at 10am and Wednesdays at 7pm. Comcast channel 99 and FIOS channel 12.

Community Activities Committee: Tues., Sept. 11, Oct. 9, and Nov. 13, 7pm Village Green Pavilion. There will be no meeting in December. New Volunteers always welcomed!

Parks & Rec. Commission: Wed., Sept. 26, Oct. 24 and Nov. 28, 7:00pm Village Green Pavilion.

Environmental Sustainability Committee: Wed., Sept. 26, Oct. 24 and Nov. 28, 7:30pm Village Green Pavilion.

Planning Commission: Wed., Sept. 19, Oct. 17 and Nov. 21, 7pm Village Green Pavilion.

Work Sessions: Wed. Sept. 26, Oct. 24 & Nov. 28, 3:30pm Town Hall.

The Southern Maryland Century - Indian Head 100:

Mon., Sept. 3. Presented by the Oxon Hill Bicycle & Trail Club. Register & Go 7:00am to 9:00am. Registration fee includes, cue sheet, route marking, SAG wagon support, rest stops providing food and drink, after-ride picnic. Go to ohbike.org for more information.

12th Annual Town of Indian Head Car Show & Veterans Recognition Day: Sun., Sept. 9,

9:00am - 3:00pm.
Registration: 8:30am - Noon. Car Show sponsored by the Indian Head Baptist Church. Spectators FREE. Veterans Recognition Day sponsored by the



American Legion Post 170. Health Fair inside the Pavilion 9:00am - 2:00pm, sponsored by Veterans of Foreign Wars Post 7461. Special recognition and services will be offered to all Veterans, Active Duty Military and their families. Thank you for your service! 9/11 Remembrance Ceremony at 1:00pm. Featuring: live oldies & praise music, food for sale inside & outside Pavilion serving windows. For additional info call: Tom Bowie (Car Show) at 240-585-2588, Emmett Posey (Car Show) at 240-320-3806, Karen Williams (Venue) at 240-375-4061, Dr. JoAnn Fisher (Veterans Recognition) at 240-305-5516.

13th Annual Breast Cancer Awareness Fitness Walk: Sat., Oct. 6, 8:30am - 1:00pm at the Indian Head Village Green. The event starts at the Indian Head Village Green and continues on a three-mile walk on the Indian Head Rail Trail.

Entrance fee \$25/pp, includes your morning snacks, door prize ticket, bottled water, & a delicious and healthy lunch. This event is Rain or Shine. Walk for the women & men in your life! Don't miss out on this great day benefiting the fight against breast cancer! First 100 paid participants receive a free t-shirt. Details: 301-743-2125. Sponsored by the Senior Center Council, Town of Indian Head & local businesses.

Trunk to Trunk Trick or Treat- ing: Wed., October 31, 6:00pm - 8:00pm at the Village Green. Children 12 years & under with adult welcome! FREE Trick or Treat bag & glow necklace to the first 100 children in line (1-12 years only). Meal bag of hot dog, chips & beverages \$2, served 5:00pm - 7:30pm. Inside dining & restrooms available. Residents, businesses, churches, organizations - WE NEED YOU on the Village Green as Trunk to Trunk participants! Bring your trunks full of candy (enough for 600 trick or treaters), enjoy dinner on the Town as a thank you for participating!



Line up between 5:00pm - 5:45pm (no vehicles after 5:45pm) for 6:00pm - 8:00pm truck or treating.

3rd Annual Christmas Craft Fair: Sat., Nov. 3, 9:00am - 2:00pm, Village Green Pavilion. Start your Christmas shopping early by supporting local crafters! More info: Mary Hashagen at 301-710-7650 or Karen at 240-375-4061. Sponsored by the IHVFD Auxiliary & the Town of Indian Head Community Activities Committee

Veterans Day Ceremony & Lunch: Thurs., Nov. 8, 11:00am, Village Green Pavilion.

Complimentary luncheon served immediately following the ceremony. Public welcome, Free community event. Hosted by the Town of Indian Head & American Legion Post 233.

Town of Indian Head Farmers Market: Village Green, 100 Water Thomas Road, Rain or Shine. Sundays, May 6 to Nov. 18, 10:00am - 3:00pm, and

Thursdays, May 10 to Nov. 15, 11:00am - 6:00pm. Interested vendors please contact curtis@townofindianhead.org

For further information on the events listed please contact Karen Williams at 240-375-4061 or karen@townofindianhead.org.

Information on Community Dinners page 14. Black Box Theatre Events page 15. Gubernatorial Election information on page 18.

NOTICE: Recycling will be on Friday, December 28th and Friday, January 4th instead of the normal Thursday pickup due to the holiday schedule.



Mayor's Message by Brandon Paulin

Hello everyone!

I hope everyone had an amazing and fun Summer! As our kids start going back to school remember to follow safety laws especially in our school zones. Now for a few updates on projects in Town.

NAMMO

NAMMO has received preliminary plan approval to build their headquarters at the corner of N. First street and 210 HWY. Their building will be a state of the art, 2 story structure that will bring new life into Town. Hundreds of jobs will be created by NAMMO over the time of their 30 year partnership with the Navy. Check out this rendering of the building!



Ely's

As many of you may have noticed recently the Ely's building started to be demolished. Over the past few months I've heard so many stories about the memories made in that building. This landmark will live in everyone's minds and memories in Indian Head forever.

Unfortunately, over the last decade the building wasn't taken care of, had mold/Asbestos concerns, and had a roof collapse in parts of the building. This building created so many memories for families in Indian Head, now it is time for a new generation to enjoy something similar to the great memories that a previous generation had in town.

The Ely's family sold the building to a local company, Mid-Atlantic Development. Mid-Atlantic is dedicated to revitalizing Indian Head. The College of Southern Maryland will locate the "Velocity Center" on the property which will foster Innovation and partnerships with NSWCIEODTD all while moving their robotics and cyber programs to the building as well. More plans will be coming down the pipeline as things progress and we are

TOWN OF INDIAN HEAD OFFICIALS / BOARDS / PERSONNEL

Mayor

Brandon Paulin

Council

Ron Sitoula, Vice Mayor
Curtis Smith, Councilman

Town Manager

Ryan L. Hicks

Planning Commission

Michael Pellegrino, Chair
Thomas Blake, Sr.
Warren Bowie
Wayne Higdon
Anita Sampson
Mary Armstrong
Thomas Gordon
Lynne Keenan, Base Liaison

Board of Zoning Appeals

Dennis Scheessele
Rose Chase
Rickie J. Posey

Ethics Commission

Mark Hobgood
Paul Scott James

Town Hall Staff

Annie Brady, Town Clerk
Ginger Foster, Finance Officer
Diane Campbell, Deputy
Finance Officer
Karen Williams, Community
Affairs
PFC Duley #494, Community
Police Officer
Planchek, Code Enforcement
Eric Woodland, Head of Opera-
tions
Calvin Barnes, Field Supervisor
EAST, Inc., Water/Wastewater

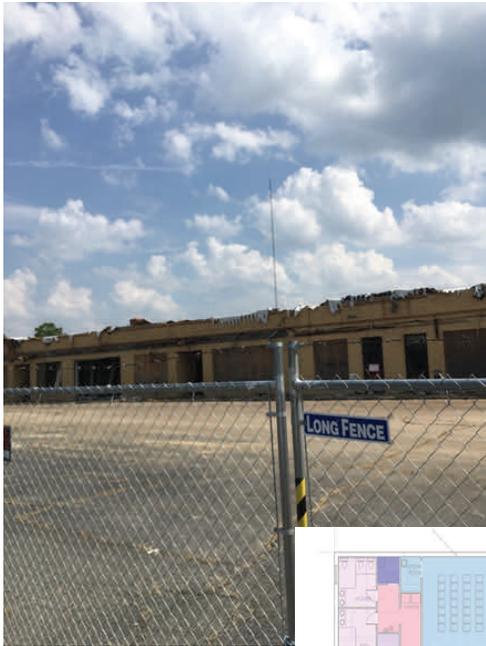
Town Website

www.townofindianhead.org

extremely optimistic that the future use of the property will once again provide services to those in Indian Head and surrounding areas. Indian Head, we can once again create memories, build friendships, create jobs, and have a thriving town once more. #RevitalizeIndianHead Thanks to Mid-Atlantic Development, CSM, DHCD, our State Delegation, the MAC, NSWC, and all the other community partners who have made this much needed step towards making Indian Head awesome .

To check out more information about the CSM Velocity Center visit the link below!

<https://www.csmd.edu/about/locations/velocity-center/>



Boardwalk

The Boardwalk is progressing well, we anticipate some more movement on that soon and hopefully we can get the go ahead to break ground within the next few months/weeks. With this new amenity along with CSM and NAMMO, Indian Head’s better days are now in the foreseeable future!

Reach out to me anytime! Via email, Brandon@townofIndianHead.org or on all social media platforms @BrandonPaulin. Thanks for reading! #RevitalizeIndianHead Until next Time! -Mayor Brandon Paulin.

CIVIC EVENTS CALENDAR

American Legion Meeting

2nd Wednesday of each month - 8:00pm
Senior Community Center
301-283-0105

Western Charles/Indian Head Chapter 126 of the National Association of Retired Federal Employees (NARFE) meets the 1st Thursday of each month (Except July & August) 301-743-9445 or 301-743-3055

RELIGIOUS SERVICES

St Mary’s Star of the Sea Church

Sunday Services 7:30, 9:00 & 11:00am
Saturday Services 5:00pm
Confessions Saturdays 4:00 to 4:30pm
Special Devotions 7:30am mass on the 1st Friday and 1st Saturday of each month
301-753-9177

Indian Head Baptist

Sunday School 9:15am
Sunday, Morning Worship 10:30am
Sunday Bible Study 6:00pm
Thursday Prayer Meeting 6:30pm
301-743-3707

St James Episcopal

Sunday 8:00, 9:15 & 10:30am
Sunday School 9:45am
301-743-2366

Indian Head Church of the Nazarene

Sunday School 9:45am
Sunday AM Worship 11:00am
Sunday PM Worship 6:00pm
Wednesday Adult Bible Study 7:00pm
301-743-5768

Indian Head United Methodist Church

Sunday School 9:30am, Worship 11:00am
301-743-2312

Greater Spiritual Fellowship Community Church

Sunday School 9:30am
Sunday Worship 11:00am
Tuesday Discipleship Training 7:30pm
Thursday Bible Study 7:30pm
301-743-6014

Congregation SHA’ARE Shalom

Services 1st Friday, 2nd & 4th Saturday every month.
301-645-4606

Indian Head Worship Center

Sunday Christian Education 9:30am
Sunday Morning Service 11:00am
Sunday Youth & Young Adult Service 6:30pm
Tuesday Bible Study 7:30pm
Friday Evangelical Service 7:30pm
301-743-7772

Cornerstone AME

Sunday Morning Service 10:30am
301-743-6607

New Life Christian Ministries, Int’l

Worship Service—Sunday 11:00am
Bible Study—Tuesday 7:00pm
240-377-8919

Councilman's Cornerstone

Summer is coming to an end and our young men and women of Indian Head are returning to school both locally and abroad. As a parent, I too know the stress many are under sending your youth off to college as I sent my eldest daughter to begin the next phase of her life. Best wishes to all of our youth during the coming academic year. We must ensure they have everything the need to be competitive. We must ensure we cultivate an economic and social environment that makes them want to work in Charles County.

Seeking safer roads – Our “Drive like your kids live here” has been moderately successful. We still have motorists speeding through town. Our neighbors on Strauss Ave have experienced a high number of accidents over the past several months. Many residents along Strauss Avenue have petitioned for a speed hump along the roadway. The council has approved the installation of several speed humps along the entire stretch of Strauss Avenue with the intent to curb the trend of increased accidents. The council is committed to safe roads so please slow down and use caution especially on roads that do not have sidewalks.

Seniors: The seniors and the senior center has been a focus of mine. The senior appreciation day well attended by many of our local seniors. Senior appreciation month is in the month of September so do something kind for a senior. The Parks and Recreation committee will sponsor a Senior Center beautification Day on Friday October 19th and Saturday October 20th so looking for volunteers to help beautify the facility. The Growing Up in Indian Head documentary was a fabulous display of our town's rich and collaborative history with a glimpse into our promising future. Thank you to all the seniors who participated in filming.

Business: The Velocity Center project is moving along nicely. Thank you to the Mid-Atlantic Development Partners group for doing a wonderful job with razing the front portion of the property and renovating the warehouse to host the center. The former Sheriff station will be the new site Nammo HQ and may provide a few employment opportunities for town

residents. Visit their website at <http://www.nammoenergetics.com/careers.html>.

The parks and recreation committee has been really busy. Tutoring services starting in September in the rear of the Senior Center on Tuesday from 5 to 7pm and Saturday from 10 am to noon. On August 25 the third annual Big Day of Play will include a STEAM event with nearly a hundred activities for STEAM enthusiasts. The Indian Head Dance company will host dancers from around the surrounding communities at a dance showcase in the Fall. Our first Little Library book exchange location is installed at Mattingly Park with plans to place other boxes around town.

The environmental sustainability committee participated in stocking bass fish in the Mattawoman creek as part of a partnership with the Maryland Natural Resources department. This is the first of many activities geared to protection of natural resources.

The Town of Indian Head has experienced much revitalization but there is still much work to be done. If we are to compete with other communities we must embrace those things that are native to successful communities. To yield a degree of success will require strategic partnerships with internal and external entities. I challenge you to be involved in the vision for the next generation of Indian Head. What investments must we make in ourselves while fostering external partnerships to bring about the next generation community for ourselves and our children? How do we balance moving forward through thoughtful growth while remaining rooted in the small-town values that make Indian Head such a great place to live? I thank you for entrusting me to be part of the next chapter in the town we call home.

Let's get excited about what the future may bring if we are willing to work for it. If you would like to contact me to have a chat on improving our town or just to 'geek out' on the latest tech trends, please do not hesitate to contact me at the town hall or by email at curtis@townofindianhead.org. Remember to “Wave in Indian Head”

Town of Indian Head Useful Information

Town Codes

- **Burning**—No burning is allowed within the Town.
- **Animal Control**—Dogs must be kept on the owner’s property unless properly restrained. The Charles County Animal Control provides animal enforcement within the Town. Call 301-932-1713 if you have a problem.
- **Abandoned or Inoperative Vehicles** are prohibited within the Town and may not be kept on the street for more than 24 hours or on private property, with certain exceptions. Call Code Enforcement at 301-743-5511 ext. 101 with any questions.
- **Property Maintenance**—Every dwelling and lot shall be kept free from trash and garbage. Weeds and grass must be cut and kept shorter than 10 inches.
- **Building Code**—The Town has an adopted building code. Any new construction or remodeling, including, but not limited to porches, fences, sheds and garages, requires inspection and a building permit from the Town.

Code Enforcement

Planck administers the Residential Property Maintenance and Building Codes for the Town of Indian Head. The Code Enforcement Officer does daily inspections throughout Town to check for code compliance. When a property is not up to code, the Code Enforcement Officer will issue a violation letter to address the code violation. Depending on the type of violation, the days for corrective action can be between 7 to 30 days. After the specified number of days, a fine letter will be issued for an additional 7 to 30 days, followed by a citation if the violation has still not been addressed. At the time that the citation is issued, the violation may be taken to court, or the Town may complete the needed property maintenance and lien the property for any costs incurred. The Town’s Code Enforcement also does rental license inspections, and building permit inspections.

If you have any questions about the Code Enforcement process, if you would like to report a Code Enforcement violation, or if you need to speak with the Code Enforcement Officer in reference to an inspection, please call 301-743-5511 ext. 101.

Recycling/Yard Waste

Solid waste products such as glass jars and bottles, newspapers, plastic bottles and metal cans will be picked up at the curb every Thursday within the Town of Indian Head. Place these items in your recycling bin—no need to separate them.

Yard waste will be collected on Wednesdays, year-round, weather permitting. Grass clippings and leaves must be placed in brown paper bags or in a trash container marked “Yard Waste” and placed at curbside. Brush must be bundled and must not be any longer than four feet (4’) in length. Individual pieces of brush must not be any larger than six inches (6”) in diameter. Both Recycling and Yard Waste must be curbside by no later than 7:30AM. Bulk trash can be scheduled year-round on Wednesdays. Fee of \$50 (cash or money order **ONLY**) per scheduled pick-up must be paid in advance at time of scheduling at Town Hall. All items must be curbside by 7:00am on the pre-scheduled pick-up day but not earlier than 48 hours prior to pick-up day.

Utility Rates

The Town bills for utilities on a quarterly basis. Please make note that you will be receiving a bill four times a year (July, October, January and April). **You are encouraged to make an estimated payment monthly toward your quarterly bill.** For more information you can call Town Hall at: 301-743-5511.

Water & Sewer Rates

Minimum rate for all residential customers \$ **70.40**
(per dwelling unit per quarter) plus
\$6.85 for every 1,000 gallons used
Minimum rate for all commercial customers \$**212.80**
(per unit per quarter) plus
\$6.85 for every 1,000 gallons used

Bay Restoration Fee

\$15.00 to State of Maryland Comptroller’s office for the Bay Restoration Fund

Trash Rates

Residential/Multiple Residential Rate: \$ 85.00 (per dwelling unit per quarter) - Billed quarterly for twice a week curb-side pickup and one (1) recyclable products pickup per week.

Commercial Rate

Category I	Dumpster (4cu yds)	\$495.00 per quarter
Category II	Maximum 2 cans	\$95.00 per quarter
	(per unit)	
	Each additional can	\$46.00 per quarter

All residential and commercial units within the Town of Indian Head shall avail themselves of the Town's curb-side trash collection service.

Town Fall Leaf Vacuum Collection Begins November 7

Leaf Vacuum Collection is offered by the Town on Wednesdays during the fall season, weather permitting.

- Only leaves free of sticks, rocks and debris can be raked to the curb.
- Do not rake leaves into the paved portion of the streets or into the storm drains.
- Bagged leaves placed curbside will be picked up with other yard waste during the regular Wednesday year-round yard waste pick-up. Bagged leaves MUST be in biodegradable paper bags. The Town WILL NOT pick up leaves in plastic bags.
- Keep regular household trash containers separate from yard waste.
- Bagged yard waste may be placed curbside on Wednesdays year-round for pick-up.

Please be patient, due to large volume of leaves the entire Town cannot always be covered in a single day. The crew will conduct one complete pass through of the entire Town before doubling back on streets.

BURNING LEAVES IS NOT PERMITTED

NO OUTDOOR BURNING OF ANY KIND IS PERMITTED WITHIN THE TOWN LIMITS

Vacuum Collection is subject to weather. Should snow removal be required, the leaf vacuum will not operate.

Call the Town Hall to confirm leaf vacuum operation before raking your leaves to the curb. 301-743-5511 or 301-753-6633

LAST DAY for the Leaf Vacuum is January 1 or the first snow.

Business Highlights



DALE'S SMOKEHOUSE
301-743-6777

Dale Hayes/Pam Hundley 4645 Indian Head Hwy
dalessmokehouse@aol.com Indian Head, MD 20640

Michelle's Cakes
4336 Indian Head Hwy,
Indian Head MD, 20640

301 246.9007
www.michellescakes.net
michellescakes@yahoo.com
Find Me On Facebook



Hilltop Salon & Tanning, LLC
Full Service Salon

Susan Mc Cormick
owner/manager

4171 Indian Head Hwy.
Indian Head, MD.20640

301-743-5902 301-753-6666

hilltopsalon@verizon.net



Village Green Designs
A Sewing & Craft Studio

Sewing, Embroidery, Crafts, Quilting,
Scrapbook Supplies, Classes and Dry Cleaning

Barbara Wheeler 301-743-2237
3 North First Street, Suite B vgdstudio@verizon.net
Indian Head, MD 20640 www.villagegreendesigns.com



Vincent Ippolito
President/Pharmacist

Indian Head Care Pharmacy
The pharmacist you know the care you deserve

Hometown Pharmacy 301-684-2580
www.indianheadcare.com 301-684-2693

4115 Indian Head Hwy.
Indian Head, MD, 20640

State Farm®
Providing Insurance and Financial Services
Home Office, Bloomington, Illinois 61710



David Dixon, Agent

3A North First Street
Indian Head, MD 20640-1801
Bus 301 743 7200 Fax 301 743 5790
Cell 240 299 649C
dave.dixon.gzme@statefarm.com



The greatest compliment you can give is a referral.

COMMUNITY POLICING NEWS

LOCK YOUR DOORS - SECURE ALL VALUABLES - TURN ON OUTSIDE LIGHTS

Unfortunately, residents countywide continue to experience Thefts from Vehicles. Everyone is urged to lock your vehicle doors, remove all valuables (purses, wallets, electronic devices, phone chargers, money, loose change, etc) and turn on your outside residential lighting sun-down to sunrise. Report all suspicious activities - as they are occurring – to the C.C. Sheriff’s Office, 301-932-2222.

It’s Back to School Time! The Charles County Sheriff’s Office would like to share these safety reminders.

1. Watch your speed in school zones! Be aware that school zone speed limits may vary in hours and speeds. Be sure to obey the posted limits.
2. Slow down and drive cautiously in residential areas. Watch for children crossing the street and congregating near bus stops.
3. DO NOT pass a school bus that is stopped to load or unload children. Traffic in both directions on undivided highways must stop when students are entering or exiting a school bus (the red flashing lights and extended stop sign arms are your cue to stop). On a divided roadway, all traffic behind the school bus must stop.
4. Be alert! The area 10 feet around a school bus is where children are in the most danger of being hit. Children walking to and from their bus are usually very comfortable with their surroundings and more likely to take risks, ignore hazards, or fail to look both ways when crossing the street.
5. Always STOP when directed to do so by a School Patrol Sign, School Patrol Officer, or designated Crossing Guard.



For more tips on school safety, check out the National Safety Council’s Back to School Safety Checklist: <https://bit.ly/2KIPh8T>

PFC Steven Duley 494
C.C. Sheriff’s Office
Community Policing Officer
301-743-5511 ext. 121
Duleys@ccso.us





This year's National Fire Prevention campaign is "Look. Listen. Learn. Be aware because fire can happen anywhere," is working to educate people about three basic but essential steps to take to reduce the likelihood of having a fire—and how to escape safely in the event of one:

"LOOK" for places fire could start. Take a good look around your home. Identify potential fire hazards and take care of them.

"LISTEN" for the sound of the smoke alarm. You could have only minutes to escape safely once the smoke alarm sounds. Go to your outside meeting place, which should be a safe distance from the home and where everyone should know to meet.

"LEARN" two ways out of every room and make sure all doors and windows leading outside open easily and are free of clutter.

By following these basic three steps, you can not only prevent fire in your home or workplace but will increase your chances of surviving a fire should one occur. In everyone's busy world, simple things get missed or overlooked. Although Fire Prevention occurs only once a year, everyone should be fire safe year round and do all we can to keep ourselves **FIRE SAFE**.



"Test Your Smoke Alarms"

Smoke Alarms

Did you know that many people don't test their smoke alarms as often as they should? When there is a fire, smoke spreads fast. You need working smoke alarms to give you time to get out. Test yours every month! The Indian Head Volunteer Fire Department would like to remind everyone that *you* are the first link when it comes to Fire Safety for you and your family. Ensuring your families safety not only includes being fire safe but knowing what to do should you experience a fire at your home.

Almost two-thirds (62%) of reported home fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms.

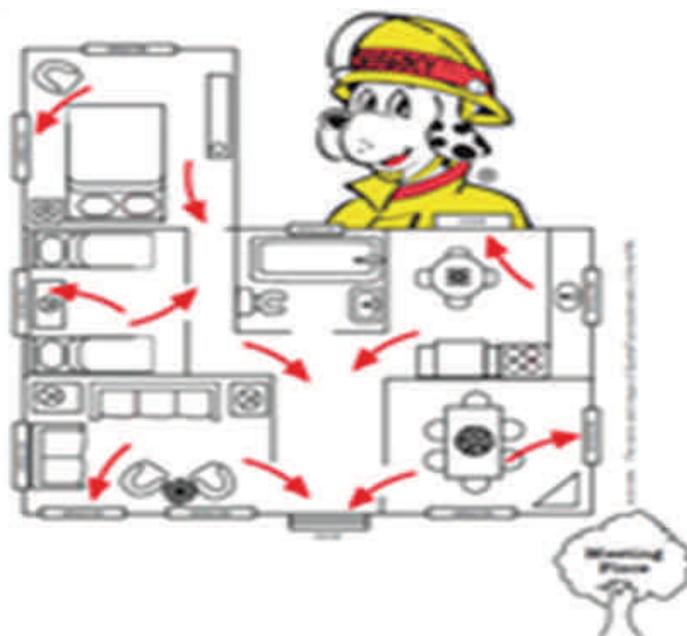
There has been a change to the Maryland fire law regarding residential Smoke Alarms.

In accordance to the new law which went into effect on July 1, 2013 when replacing smoke alarms in your home, they must be a sealed battery unit with a 10 year life battery. If the alarms are hard-wired (electrical) with a battery backup and you are replacing them, they must have a sealed battery backup as well.

Here are some tips about installing and maintaining residential smoke alarms.

- Be sure to install smoke alarms in every bedroom, outside each separate sleeping area and on every level of the home, including the basement.
- If at all possible, interconnect all smoke alarms throughout the home. When one sounds, they all sound.
- ***Be sure to replace smoke alarms every 10 years in accordance with the manufacturer's recommendations.*** (All replaced alarms must have a 10 year sealed battery backup system).
- Be sure to test your smoke alarms at least monthly in accordance with the manufacturer's recommendations.
- Working smoke alarms improve your chances of surviving a fire in your home by 50% and are an inexpensive device to ensure you and your family's safety.
- Smoke alarms that include a recordable voice announcement in addition to the usual alarm sound, may be helpful in waking children through the use of a familiar voice.
- Smoke alarms are available for people who are deaf or hard of hearing. These devices use strobe lights. Vibration devices can be added to these alarms.
- **The Indian Head Volunteer Fire Department and Rescue Squad Inc. would like to remind everyone that we have 10-year smoke alarms and Hearing Impaired smoke alarms available for installation in your home at no cost to you or your family.**

“Know Two Ways Out of Every Room”



Escape Planning

When fire strikes, the reality is that your home could be engulfed in smoke and flames in just a matter of a few minutes and your chances of to escape reduced drastically. Should this happen, do you and your family know two ways out of your home? It is important to have and practice a home fire escape plan that prepares your family to think fast and get out quickly when the smoke alarm sounds. What if your first escape route is blocked by smoke or flames, would you know how to get out? That's why having an escape plan and knowing two ways out is such a key part of your plan. Remember that smoke alarms are an important part of a home fire escape plan.

- According to a National survey, only one-third of Americans have both developed and practiced a home fire escape plan.
- Almost three-quarters of Americans do have an escape plan; however, less than half actually practiced it.
- One-third of American households who made an estimate thought they would have at least 6 minutes before a fire in their home would become life threatening. Often times the actual time is reduced to just a couple minutes.
- Be sure to include a family meeting place in your plan.

Cooking Safety

Cooking fires have been the leading cause of all reported home fires and home fire injuries in the United States since 1990. Believe it or not, unattended cooking is the leading cause of fires with two-thirds of home cooking fires beginning with the ignition of cooking materials, including food, cooking oil, fat, or grease.

By following the below safety tips, you help prevent kitchen fires in your home;

- NEVER leave anything stovetop cooking unattended.
- NEVER put water on a grease fire. Water and grease do not mix and it will overflow the pan causing the fire to spill out onto the counter top.
- Be sure to have an oversized lid handy to smother a pan fire. By simply placing the lid over the top of the fire and turning the burner off, it will go out.
- Have a “Kid Free Zone” around the stove. (3 feet)
- If you experience an oven fire, leave the door closed and turn off the oven. By opening the door you could introduce air to whatever is burning making the fire larger.



National Fire Prevention Week

October 7-13, 2018

We would also like to invite everyone to our Annual Fire Prevention Week/Community Safety Open House on Saturday, October 13th from 11:00 AM to 3:00 PM at the fire station. Stop on in and learn more about General Fire Safety, Smoke Alarms, visit with Sparky the Fire Dog, Smokey the Bear and get vital safety information for all ages.

IHVFD Ladies Auxiliary Events



The Indian Head Volunteer Fire Dept. & Rescue Squad Auxiliary and the Town of Indian Head Community Activities Committee are sponsoring our

3rd Annual Christmas Craft Fair

November 3, 2018
9:00am. to 2:00p.m.

Indian Head Village Green Pavilion
100 Walter Thomas Road, Indian Head, Maryland

Start your Christmas shopping early by supporting our local crafters with their handmade/hand-crafted items for sale. We will have a Bake Sale, 50/50 Raffle, Door Prizes & new this year - delicious Box Lunches

For more information - please contact
Mary Hashagen 301-710-7650
or Karen Williams 240-375-4061

Come on out and enjoy a day of shopping with some of Southern Maryland's finest crafters!!!



I.H.V.F.D. & R.S. Auxiliary

DRIVE-THRU

Pulled Pork

Lunch



Monday, Sep. 24

11:00a.m. — 1:30p.m.

Indian Head Firehouse
4095 Indian Head Highway

CARRY-OUT ONLY

\$10.00 Per Person

Includes Sandwich & Two Sides

Beverages Sold Separately

More Info 301-653-0824



Indian Head Senior Center

The Indian Head Senior Center is located on the Village Green in the Old Post Office. Our address is 100 Cornwallis Square. If you are at least 60 years young we encourage you to be a part of our fast-paced center. We also encourage all seniors to be independent as long as possible physically, mentally, spiritually and socially.

Come by during the month of October for general registration. This is the only time that we actively ask for donations for our programs.



Save the date, On Saturday, October 6, 2018 we will be hosting our 13th Annual Breast Cancer Awareness Fitness Walk. We raised over \$4500 in 2017 for **Sisters at Heart** a breast cancer support group established in 2007. Come to the center to register for the event. We are open during the hours of 9 a.m. to 3 p.m., Monday – Friday.

Ongoing activities at the senior center to keep you healthy and moving:

You can try any of the fitness classes once at no charge.

Tai Chi is an evidence-based fall prevention program for older adults that also aids with Arthritic pain. Ongoing every Monday & Wednesday at 10:30 a.m. – the cost is a fitness card

Arthritis Foundation Exercise Foundation (AFEP) – This seated program is a community-based recreational exercise program that was originally developed by the Arthritis Foundation in 1987. Every Tuesday and Thursday at 10:30 a.m.

Seated Massage – 2nd Friday of each Month – Sign up is required. .50 Per minute.

Village Green Walkers – Meets formally at 1pm each Wednesday for health tips, at times blood pressure screening from a local nurse and of course goodies.

Bereavement Support Group – Meets 12:45 each Monday. Get the support as you deal with a loss.

Jewelry Club – Meets Tuesdays at 9:30 a.m.

TOPS – Take Off Pounds Sensibly – Meets at Noon every Tuesday.

Quilt N’ Chicks – Meets every Wednesday at 9:30 a.m.

Hooked on Yarn – Bring your hook to crochet or knit. Meeting every Wednesday at 9:15 a.m.

Line Dancing every Thursday at the center starting at 1pm – the cost is a fitness card.

Chair Pilates every Tuesday and Thursday morning at 9:15 a.m. – the cost is a fitness card.

Fitness Training every Monday and Wednesday morning at 9:15 a.m. – the cost is a fitness card.

Chair Yoga Integral Yoga can be done from a chair or on a mat. For levels and abilities every Friday at 9 a.m. - the cost is a fitness card. Come and meet our new yoga instructor.

Fitness Room – *Try out our new Nu-Step equipment.* Opening the doors at 8:30 for the fitness room.

Pool Table – Everyday all day. Come and challenge a senior.

Fitness Card is \$20 for 15 visits.

For more up-to-date information go to <http://www.charlescountymd.gov/cs/aging/senior-centers>

The Book Club meets every 4th Wednesday at 11 a.m., selection for:

September – **One Maryland One Book Selection** - *Bloodworth: The True Story of the First Death Row Inmate Exonerated by DNA Evidence* by Tim Junkin

October *State of Wonder* by Ann Patchett – **meeting at 1 p.m.**

November *My Grandmother Asked me to Tell You She's Sorry* by Fredrik Backman

Games and more games ongoing games, such as Spades, Scrabble, Phase 10, Steal the Ole Man's Pile, Dominoes to name a few.

What's coming to the center?

- Cash Bingo September 5th, October 3rd and November 7th at the Waldorf Senior Center – Doors open at 9 a.m.
- Rocky Gap Casino & Resort trip, Saturday, September 29th cost is \$45, coach transportation
- Living Well with Diabetes, 6-week workshop starting Wednesday, October 10 at 9:30 a.m. call 301 609-6931 to register, space is limited
- Thanksgiving Party, Thursday, November 15th

Stop in during our operating hours, Monday through Friday, 9am to 3pm and meet the staff and the council.



Get ready for Fall at the Indian Head Senior Center

For more up-to-date information go to <http://www.charlescountymd.gov/cs/aging/senior-centers>

Community Dinners

Free Community Feast

Sat., Nov. 10, 2018

Indian Head Pavilion

100 Walter Thomas Road

Indian Head, MD 20640

3:00 pm - 5:30 pm

CONTACT A COMMUNITY PLANNING PARTNER FOR FEAST DETAILS.

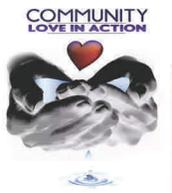
Community Planning Partners:

Church of the Nazarene
Free Gospel Church of Bryans Road
Gospel Union Church of Christ

Grace Baptist Church
Lutheran Church of Our Savior
Macedonia Baptist Church

New Life Christian Ministries
Smith Chapel United Methodist Church
Metropolitan United Methodist Church

Purpose: to provide a wholesome meal and entertainment to individuals and families in our local area who would otherwise do without during the Thanksgiving holiday



St. James Episcopal Church Community Spaghetti Dinners



Offered Every Other Month in 2018
5:00-6:30pm

- Monday, Jan. 29
- Monday, Mar. 19
- Monday, Jun. 4
- Monday, Jul. 30
- Monday, Sep. 24
- Monday, Nov. 26

No Charge Event

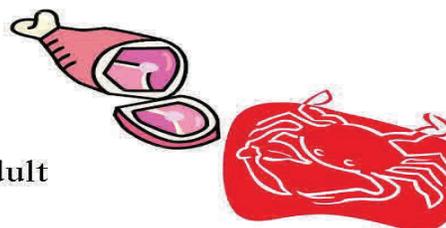
7 Potomac Avenue 301-743-2366

St. James Episcopal Church Annual Ham & Crabcake Dinner

SATURDAY, SEPT. 15
3:00-6:00p.m.

7 Potomac Avenue, Indian Head

- Adults - \$25.00
- Children (6-12) - \$12.00
- Children Under 6 - FREE
- NEW! Family Price —
- One Child (Age 6-12) FREE with Paid Adult



For More Information — (301)743-2366

Black Box Theatre Events



September

Movie Nights: Visit our website and VOTE for the movie you want to see! Each month we are bringing back a classic.

Interested in Acting? The Black Box Theatre will be offering classes and workshops for all ages beginning this fall.



October

Do you have a special talent? Calling all Singers, Dancers, Magicians, Bands or any other talented individuals! The Black Box is hosting GOT TALENT! Our panel of judges and the audience will select their favorites to win PRIZES! October 20th starting at 7:00pm. Check out our website for more details!



November

Art Gallery: Artists, are you interested in displaying or selling your work? The Indian Head Center for the Arts is looking for local talent to display their work for our upcoming Winter Gallery. Please contact us and follow our website if you would like to participate.



www.indianheadblackbox.org

Breast Cancer awareness Fitness Walk

13th Annual

Saturday,
October 6

8:30 a.m.–1 p.m.
At the Indian Head
Village Green



Don't miss out on this great day benefitting the fight against breast cancer!

We start at the Indian Head Village Green (100 Walter Thomas Rd, Indian Head, MD), and continue on a three-mile walk on the Indian Head Rail Trail. The entrance fee (\$25/pp) includes your morning snacks, door prize ticket, bottled water, and a delicious and healthy lunch. This event will be held RAIN or SHINE.

Walk for the women & men in your life!

First 100 paid participants receive a FREE T-Shirt!

DJ • Exercise Warm Up
Vendors • Door Prizes • Raffles

All festivities will be held
at the Village Green Pavilion

Details: 301-743-2125

Proceeds benefit the **Sisters at Heart**
Charles County's Breast Cancer Support Group

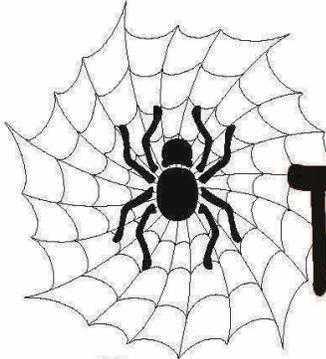
Department of Community Services • 8190 Port Tobacco Rd, Port Tobacco, MD 20677
301-934-9305 • 301-932-6004 • 301-870-3388 • MD Relay: 711 • Equal Opportunity Employer • www.CharlesCountyMD.gov



Sponsored
by the Indian
Head Senior Center
Council, the Town of
Indian Head, and many
local community
businesses!



TOWN OF INDIAN HEAD Trunk to Trunk

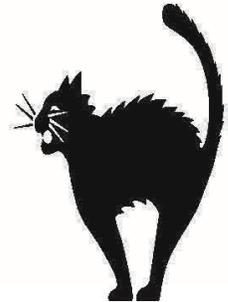


Trick or Treating



Wednesday, Oct. 31

6:00 - 8:00pm



Indian Head Village Green

Children 12 years & under with adult welcome! FREE Trick or Treat bag & Glow Necklace to first 100 children in line *(1-12 years only)*

Meal Bag of Hot Dog, Chips & Beverages \$2.00

(served 5:00-7:30pm)

Inside Dining & Restrooms Available

Residents, Businesses, Churches, Organizations—WE NEED YOU

on the Village Green as Trunk to Trunk participants!

Bring your trunks full of candy (enough for 600 trick or treaters),

Enjoy dinner on the Town as a Thank you for participating!

Line Up between 5:00-5:45pm (no vehicles after 5:45pm)

for the 6:00-8:00pm trick or treating.



More information & to Sign Up As Trunk to Trunk Participant
240-375-4061 or karen@townofindianhead.org



2018 GUBENATORIAL ELECTION EARLY VOTING General Election Early Voting

**WHEN: Thurs. Oct. 25, Fri. Oct. 26, Sat. Oct. 27,
Sun. Oct. 28, Mon. Oct. 29, Tues. Oct. 30,
Wed. Oct. 31, & Thurs. Nov. 1**
10:00am to 8:00pm

WHERE: Two Locations
La Plata Firehouse
911 Washington Avenue, La Plata
OR
Gleneagles Neighborhood Center
4900 Kirkcaldy Court, Waldorf
OR

GENERAL ELECTION DAY Tuesday, November 6

Polls Open 7:00am-8:00pm
**Registered Voters Residing Within the Incorporated Town of
Indian Head Limits Vote at I.H. Village Green Pavilion Polling Place 7-2**
Voting Info—C. C. Board of Elections 301-934-8972



**12th ANNUAL
Town of INDIAN HEAD CAR SHOW
& VETERANS RECOGNITION DAY**
Sunday Sept 9, 2018
9:00 a.m. – 3:00 p.m.
Registration: 8:30 a.m. – Noon
CAR SHOW Sponsored by Indian Head Baptist Church
SPECTATORS FREE

Veterans Recognition Day
Sponsored by The American Legion Post 170
Health Fair Inside Pavilion 9:00 a.m. – 2:00 p.m.
Sponsored by Veterans of Foreign Wars Post 7461
Special Recognition and Services will be offered to
all Veterans, Active Duty Military and their Families
"Thank You for Your Service!"
9/11 REMEMBRANCE CEREMONY – 1:00 p.m.
Women Veterans United Committee, Inc.

**Free lunch to All
Veterans,
Active Duty Military
and their Families**

**FEATURING
Live Oldies & Praise
Music**

**Food For Sale
Inside & Outside
Pavilion
Serving Windows**

Thank You Major Supporters

NAPA
of Bryans Road

INDIAN HEAD VILLAGE GREEN
1920

CRABBERS BEACH
Indian Head

DIRECTIONS TO:
"The Village Green at Indian Head" located in Charles
County at the end of RT 210 (Indian Head HWY) just
outside the gate of the Naval Support Facility
Indian Head, MD 20640

***For additional information, please call:
Car Show - Tom Bowle @ 240-595-2588
Car Show - Emmett Posey @ 240-320-3806
Venue - Karen Williams @ 240 375-4061
Veterans Recognition - Dr. JoAnn Fisher 240-305-5516**



Veterans Day Ceremony & Lunch

Thursday, November 8, 2018

11:00 a.m.

Indian Head Village Green Pavilion (indoor)

Complimentary Luncheon served immediately following the ceremony
Public Welcome - FREE Community Event

Hosted by the Town of Indian Head and American Legion Post 233

More Information—call 240-375-4061 or Karen@townofindianhead.org



Town of Indian Head Farmers Market

Indian Head Village Green

100 Walter Thomas Road
Indian Head, Maryland 20640

RAIN OR SHINE

Sundays, May 6 to Nov. 18

10:00am—3:00pm

Thursdays, May 10 to Nov. 15

11:00am—6:00pm

Interested Farmers Market Vendors
—register at Curtis@townofindianhead.org

