

Town of Indian Head SMOKE SIGNALS

**ISSUE 66
SUMMER 2019**

Town Hall

Office Hours
Monday - Friday
8:30 a.m. - 4:30 p.m.
Phone Numbers
Ofc: 301-743-5511
Fax: 301-743-9008

Holiday Closings

Town Hall, Public Works and the Community Affairs Office will be closed on the following days this quarter in observance of the holidays listed:

4th of July

Thursday, July 4

NO Yard Waste Pickup

Recycling Pickup will be on Friday, July 5

Labor Day

Monday, September 2

NO Trash Pickup

If you have a water or sewer emergency after hours, call 301-743-5511 and press #5 to report your emergency. On-call Town personnel will be contacted and the problem will be handled accordingly.

After hours non-emergency type problems can be reported by leaving a message on the Town Hall office number 301-743-5511. Be prepared to furnish your name, address, phone number and brief, but detailed description of the type of problem. Water cutoffs for non-payment are not considered emergencies and are only handled during Public Works regular business hours.

A lot will be happening around Town this summer. Come on out and enjoy a few!

Town Meeting: Town Meetings are the 1st Monday of every month unless it happens to fall on a holiday. The Summer Town Meetings will take place on Mon. June 3, Mon. July 1 and Mon. August 5 at the Village Green Pavilion 7:30pm. Televised 8pm first two Fridays each month on Comcast Channel 99. Meetings will also be televised on CCGTV on Mondays at 10am and Wednesdays at 7pm. Comcast channel 99 and FIOS channel 12.

Community Activities Committee: Tues. June 11 7:00pm Senior Center Front Room. No meetings in July and August. Meetings will resume, Tues. September 10 at the Pavilion.

Parks & Rec. Committee: Wed. June 19, July 17 and August 21, 7:00pm Senior Center.

Environmental Sustainability Committee: Wed. June 19, July 17 and August 21, 7:30pm Senior Center.

Planning Commission: Wed. June 19, July 17, and August 21, 7:00pm Village Green Pavilion.

Work Sessions: Wed. June 19, July 24 and August 28, 3:30pm Town Hall.

End of School Fun Night: Thurs. June 20, 7pm-9pm (Doors open at 6:30pm), Village Green Pavilion. New for 2019 - Blue Sky Puppet Theatre Show at 7pm. Free Admission includes Dinner, Snacks, Summer Door Prizes, Fun Activities. Children must be accompanied by an adult.

Indian Head Dance Company Showcase: Tues. June 26, 6pm - 8pm, Village Green Pavilion. All ages event. Fee by donation at the door. Sponsored by I.H. Parks & Rec. Contact 240-419-4382 for more info.

July 4th Celebration: Thurs. July 4 at the Village Green Park. Patriotic Kick-Off at 3:30pm at the fountain. Amusement Rides 4pm-8pm. Food & Novelty Booth Open at 4pm. Spectacular Fireworks Display at 9:10pm. Live Entertainment on the Outdoor Stage: DJ Rockin' Roger 4pm-8pm, Flippin' Eyelids 6pm-9pm. Bring blankets/lawn chairs. Limited general parking around the Village Green. Handicapped Parking available in V.G. Pavilion lot. Ticket booth closes promptly at 7:15pm - Remains open for emergencies/lost & found only. Reduced rate ride wristbands must be purchased in advance at the Town Hall, available June 10-June 28. Proof of residency or military ID is required. The discounted wristbands are NOT available at the July 4th event. No ride wristband or ticket refunds for inclement weather or after ticket booth & amusements are closed. No pets of any kind or alcoholic beverages permitted.

Annual National Night Out Celebration: Tues. August 6, Village Green Park, 6pm-8pm. FREE Family Event - Fun for Everyone!



Outdoor fun games & activities. CC Sheriff's Office N.N.O. Color Contest (Ages 4-12) 6pm - 8pm, Displays, Demonstrations & Handouts. Cookout Food served 6pm - 7:45pm. Live Entertainment featuring The Bucket List Band. Take a bite out of crime - Leave your porch lights on sundown to sun up! And join the Town of Indian Head's Neighborhood Crime Watch Program. Interested participants contact Karen (240) 375-4061 or karen@townofindianhead.org.

Grandparents/55 & Older Dinner & Concert Night: Thurs. August 8, 6pm-8pm. Village Green Pavilion. Enjoy dinner on the Town and delightful entertain-

ment featuring The Port Tobacco Pickers Bluegrass Band. Family members of all ages welcome. Free Admission.



Big Day of Play! & STEAM: Sun. Aug. 18, 2pm-6pm, Village Green Pavilion. For more info contact curtis@townofindianhead.org, and be sure to check the Town's website!

Kids Back to School Night: Thurs. August 22, 7pm-9pm Village Green Pavilion. Free Admission includes Dinner & Snacks. Children must be accompanied by an adult. Door Prize Drawings of Loaded Back Packs - Pre-K thru 8th Grade for I.H. Elementary, General Smallwood Middle School & Home-Schooled Students ONLY. Co-Sponsored with NETS (Neighbors Eager To Serve).



Farmers & Craft Market: Thursdays, 11am - 6pm, April 4 - Oct. 3. Indian Head Village Green. Interested Vendors contact curtis@townofindianhead.org

Flea Market: Saturday, June 1 & 8, July 6 & 13, August 3 & 10. Village Green Park. No weekly permit fee. Setup your own displays. No pet sales or giveaways allowed. No food sales without a Town permit. Restrooms are available in the rear of the Senior Center. No pre-registration required to participate. Questions contact curtis@townofindianhead.org

For more information on Town events please contact Karen Williams at 240--375-4061 or karen@townofindianhead.org

Mayor's Message by Brandon Paulin

Hello everybody!

The weather has officially warmed up and summer is approaching. As the kids get out of school and enjoy playing outside please be mindful of your speed and traffic laws in our neighborhoods.

First, I would like to thank the people of Indian Head for re-electing me as their mayor. I know together we can make things happen and move Indian Head forward. Your trust in me is amazing and I can promise that I will do my best for you.

Recently I read Indian Head Elementary's "If I were Mayor" essays. It's a program that 4th graders participate in at IHES where they give their ideas for the Town or a problem they would like to fix! The essays were outstanding and if they keep up with the good ideas, I'm sure many of them would make great Mayors and Town Council people in the future.

The Velocity center and Park is well underway. You may even see some

new looking space pop up soon. The College of Southern Maryland has a target date of January 1st, 2020 for opening.

I wanted to give a big congrats to the class of 2019. All of our Indian Head graduates deserve our applause for achieving this milestone. I look forward to seeing what great things you do in your next stage of life.

I hope to see you out and about over the next few months. Enjoy the summer and stay cool.

Until next time,

Mayor Paulin



Councilman's Corner

Our town has several opportunities for residents to join our committees and commissions. Please take a moment to review these opportunities at the town of Indian Head website www.townofindianhead.org.

[Under Government > Commission & Committees](#)

We need you to be active in your community. Remember "We wave in Indian Head"

Curtis L. Smith
Councilman
Town of Indian Head

TOWN OF INDIAN HEAD OFFICIALS / BOARDS / PERSONNEL

Mayor

Brandon Paulin

Council

Ron Sitoula, Vice Mayor
Curtis Smith, Councilman

Town Manager

Ryan L. Hicks

Planning Commission

Michael Pellegrino, Chair

Thomas Blake, Sr.

Warren Bowie

Wayne Higdon

Anita Sampson

Mary Armstrong

Thomas Gordon Dr.

Board of Zoning Appeals

Dennis Scheessele

Rose Chase

Rickie Posey

Ethics Commission

Mark Hobgood

Town Hall Staff

Annie Brady, Town Clerk
Ginger Foster, Finance Officer

Diane Campbell, Deputy

Finance Officer

Karen Williams, Community
Affairs

PFC Duley (#494), Community
Police Officer

Plancheck, Code Enforcement
Eric Woodland, Head of Operations

Calvin Barnes, Field Supervisor
EAST, Inc., Water/Wastewater

Town Website

www.townofindianhead.org

BUSINESS HIGHLIGHTS

CLARITY COFFEE HOUSE
M-F 6 AM Wkend 7AM



(240) 377-8190 4175 Indian Head Hwy
Info@ClarityCoffeeShop.com Indian Head, Maryland 20640
www.ClarityCoffeeShop.com

Michelle's Cakes
4336 Indian Head Hwy,
Indian Head MD, 20640

301.246.9007
www.michellescakes.net
michellescakes@yahoo.com
Find Me On Facebook



CIVIC EVENTS CALENDAR

American Legion Meeting
2nd Wednesday of each month - 8:00pm
Senior/Community Center
301-283-0105

Western Charles/Indian Head Chapter 126 of the National Association of Retired Federal Employees (NARFE) meets the 1st Thursday of each month (Except July & August) 301-743-9445 or 301-743-3055

RELIGIOUS SERVICES

St Mary's Star of the Sea Church
Sunday Services 7:30, 9:00 & 11:00am
Saturday Services 5:00pm
Confessions Saturdays 4:00 to 4:30pm
Special Devotions 7:30am mass on the 1st Friday and 1st Saturday of each month
301-753-9177

Indian Head Baptist
Sunday School 9:15am
Sunday, Morning Worship 10:30am
Sunday Bible Study 6:00pm
Wednesday Prayer Meeting 6:30pm
301-743-3707

St James Episcopal
Sunday 8:00, 9:15 & 10:30am
Sunday School 9:45am
301-743-2366

Indian Head Church of the Nazarene
Sunday School 9:45am
Sunday AM Worship 11:00am
Sunday PM Worship 6:00pm
Wednesday Adult Bible Study 7:00pm
301-743-5768

Indian Head United Methodist Church
Sunday School 9:30am, Worship 11:00am
301-743-2312

Greater Spiritual Fellowship Community Church

Sunday School 9:30am
Sunday Worship 11:00am
Tuesday Discipleship Training 7:30pm
Thursday Bible Study 7:30pm
301-743-6014

Congregation SHA'ARE Shalom
Services 1st Friday, 2nd & 4th Saturday every month.
301-645-4606
www.shareshalomsmomd.org

Indian Head Worship Center
Sunday Christian Education 9:30am
Sunday Morning Service 11:00am
Sunday Youth & Young Adult Service 6:30pm
Tuesday Bible Study 7:30pm
Friday Evangelical Service 7:30pm
301-743-7772

Cornerstone AME
Sunday Morning Service 10:30am
301-743-6607

New Life Christian Ministries, Int'l
Worship Service - Sunday 11:00 a.m.
Bible Study - Tuesday 7:00 p.m.
240-377-8919

State Farm®
Providing Insurance and Financial Services
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David Dixon, Agent

3A North First Street
Indian Head, MD 20640-1801
Bus 301 743 7200 Fax 301 743 5790
Cell 240 299 6490
dave.dixon.gzme@statefarm.com



The greatest compliment you can give is a referral.

Hilltop Salon & Tanning, LLC

Full Service Salon

Susan Mc Cormick
owner/manager

4171 Indian Head Hwy.
Indian Head, MD.20640

301-743-5902 301-753-6600

hilltopsalon@verizon.net



DALE'S SMOKEHOUSE

301-743-6777

Dale Hayes/Pam Hundley
dalessmokehouse@aol.com

4645 Indian Head Hwy
Indian Head, MD 20640



Vincent Ippolito
President/Pharmacist

Indian Head Care Pharmacy

The pharmacist you know the care you deserve

Hometown Pharmacy 301-684-2580
www.indianheadcare.com 301-684-2693

4115 Indian Head Hwy.
Indian Head, MD.20640



Sewing, Embroidery, Crafts, Quilting,
Scrapbook Supplies, Classes and Dry Cleaning

Barbara Wheeler
3 North First Street, Suite B
Indian Head, MD 20640

301-743-2237
vgdstudio@verizon.net
www.villagegreendesigns.com

St. James Upcoming Events

June 2: Church Service & Picnic on the Village Green.
10am. All are Welcome!

June 3: Free Spaghetti Dinner. 5pm - 6:30pm

July 4: Face painting, popcorn, snow cones on the Village Green.

July 29: Free Spaghetti Dinner. 5pm - 6:30pm

August 17: Indoor Yard Sale. 8am - 2pm

RECYCLING INFORMATION

RECYCLING INFORMATION

Recycling is picked up in Town every Thursday. Residents are required to have their recycling out before 7:30am on the scheduled pickup day. Examples of what can be included in your recycling and what are NOT recyclable items are listed below.

Examples of what can be recycled:

- Cardboard (flatten all boxes)
- Paper Bags
- Office Paper & File Folders
- Glass Jars & Bottles
- Plastic Bottles
- Plastic Tubs, Wide-Mouth Containers
- Aluminum, Tin and Steel Cans
- Milk and Juice Cartons
- Yogurt Cups
- Juice Boxes
- Newspaper & Inserts
- Magazines & Catalogs
- Paperback and Hardback Books
- Junk Mail



Please make sure to rinse bottles, jars, and other containers of any contaminants before putting them in your recycle bin.

What should NOT be included in your recycling:

- Yard Waste/Tree Trimmings
- Light Bulbs, Window Glass, Mirrors
- Styrofoam, Dishes, Ceramics
- Electronics
- Hazardous or Toxic Product Containers including Motor Oil Containers
- Plastic Grocery Bags, Food Waste, Garbage Bags
- Plastic Wrap
- Diapers, Tissues/Napkins
- Wood- Pallets, Stick Wood, Tree Limbs, Furniture
- Garden Hoses, Wire, Rope, Electrical Cords
- Rocks, Concrete, Dirt
- Clothing, Towels, Sheets, Curtains, Carpeting, Tarps, Blinds
- Propane Tanks, Tires, Christmas Lights, Mattresses
- Medical Waste



Town of Indian Head Useful Information

Town Codes

- **Burning**—No burning is allowed within the Town.
- **Animal Control**—Dogs must be kept on the owner's property unless properly restrained. The Charles County Animal Control provides animal enforcement within the Town. Call 301-932-1713 if you have a problem.
- **Abandoned or Inoperative Vehicles** are prohibited within the Town and may not be kept on the street for more than 24 hours or on private property, with certain exceptions. Call Code Enforcement at 301-743-5511 ext. 101 with any questions.
- **Property Maintenance**—Every dwelling and lot shall be kept free from trash and garbage. Weeds and grass must be cut and kept shorter than 10 inches.
- **Building Code**—The Town has an adopted building code. Any new construction or remodeling, including, but not limited to porches, fences, sheds and garages, requires inspection and a building permit from the Town.

Code Enforcement

Planckek administers the Residential Property Maintenance and Building Codes for the Town of Indian Head. The Code Enforcement Officer does daily inspections throughout Town to check for code compliance. When a property is not up to code, the Code Enforcement Officer will issue a violation letter to address the code violation. Depending on the type of violation, the days for corrective action can be between 7 to 30 days. After the specified number of days, a fine letter will be issued for an additional 7 to 30 days, followed by a citation if the violation has still not been addressed. At the time that the citation is issued, the violation may be taken to court, or the Town may complete the needed property maintenance and lien the property for any costs incurred. The Town's Code Enforcement also does rental license inspections, and building permit inspections.

If you have any questions about the Code Enforcement process, if you would like to report a Code Enforcement violation, or if you need to speak with the Code Enforcement Officer in reference to an inspection, please call 301-743-5511 ext. 101.

Recycling/Yard Waste/Bulk Trash

Solid waste products such as glass jars and bottles, newspapers, plastic bottles and metal cans will be picked up at the curb every Thursday within the Town of Indian Head. Place these items in your recycling bin—no need to separate them.

Yard waste will be collected on Wednesdays, year-round, weather permitting. Grass clippings and leaves must be placed in brown paper bags or in a trash container marked "Yard Waste" and placed at curbside. Brush must be bundled and must not be any longer than four feet (4') in length. Individual pieces of brush must not be any larger than six inches (6") in diameter.

Bulk Trash can now be scheduled year-round on Wednesdays. Fee of \$50 (cash, money order, debit or credit card) per flatbed truck load must be paid in advance at time of scheduling at Town Hall. All items must be curbside by 7:00am on the pre-scheduled pick-up day but not earlier than 48 hours prior to pick-up day.

Utility Rates

The Town bills for utilities on a quarterly basis. Please make note that you will be receiving a bill four times a year (July, October, January and April). **You are encouraged to make an estimated payment monthly toward your quarterly bill.** For more information you can call Town Hall at 301-743-5511

Water & Sewer Rates

Minimum rate for all residential customers \$ **70.40**
(per dwelling unit per quarter) plus
\$6.85 for every 1,000 gallons used
Minimum rate for all commercial customers \$**212.80**
(per unit per quarter) plus
\$6.85 for every 1,000 gallons used

Bay Restoration Fee

\$15 to State of Maryland Comptroller's Office for the Bay Restoration Fund

Trash Rates

Residential/Multiple Residential Rate: \$ 85.00 (per dwelling unit per quarter) - Billed quarterly for twice a week curbside pickup and one (1) recyclable products pickup per week.

Commercial Rate

Category I	Dumpster (4cu yds)	\$495.00 per quarter
Category II	Maximum 2 cans (per unit)	\$95.00 per quarter
	Each additional can	\$46.00 per quarter

All residential and commercial units within the Town of Indian Head shall avail themselves of the Town's curbside trash collection service.

Quality on Tap Report 2018
Town of Indian Head
PWSID # 0080020

We're pleased to present to you this year's Annual Quality Water Report. This report is intended to provide you with important information about your drinking water and the efforts made by the water system to provide safe drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water. Our water source is 3 wells which draw from the Patapsco(2) and Patuxent(1) Aquifers.

We are pleased to report that our drinking water is safe and meets federal and state requirements.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

The Town of Indian Head routinely monitors for contaminants in your drinking water according to Federal and State laws. This table shows the results of our monitoring for the period of January 1st to December 31st, 2018. As water travels over the land or underground, it can pick up substances or contaminants such as microbes, inorganic and organic chemicals, and radioactive substances. All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline at (800) 426-4791.

Contaminants that may be present in source water include:

- Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.
- Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban storm water runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.
- Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban storm water runoff, and residential uses.
- Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also, come from gas stations, urban storm water runoff, and septic systems.
- Radioactive contaminants, which can be naturally-occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, EPA prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. FDA regulations establish limits for contaminants in bottles water which must provide the same protection for public health.

Some people may be more vulnerable to contaminants in drinking water than the general population.

Contaminants may be found in drinking water that may cause taste, color, or odor problems. These types of problems are not necessarily causes for health concerns. For more information on taste, odor, or color of drinking water, please contact the system's business office.

Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have

undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline (800) 426-4791.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high quality drinking water, but we cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

If you have any questions about this report or concerning your water utility, please contact Town Hall at (301) 743-5511. We want our valued customers to be informed about their water utility.

Listed below you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions:

Avg – Regulatory compliance with some MCLs are based on running annual average of monthly samples.

Parts per million (ppm) - one part per million corresponds to one minute in two years or a single penny in \$10,000.

Parts per billion (ppb) - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Picocuries per liter (pCi/L) - Picocuries per liter is a measure of the radioactivity in water.

Action Level (AL) - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Action Level Goal (ALG) – The level of contaminant in drinking water below which there is no known or expected risk to health. ALGs allow for a margin of safety.

Maximum Contaminant Level - The “Maximum Allowed” (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal - The “Goal”(MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Level 1 Assessment – A Level 1 assessment is a study of the water system to identify potential problems and determine (if possible) why total coliform bacteria have been found in our water system.

Level 2 Assessment – A Level 2 assessment is a very detailed study of the water system to identify potential problems and determine (if possible) why E. coli MCL violation has occurred and/or why total coliform bacteria have been found in our water system on multiple occasions.

N/A – not applicable

Maximum residual disinfectant level (MRDL) – The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Maximum residual disinfectant level goal (MRDLG) – The level of drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

Milirems per year (mrem) – millirems per year (a measure of radiation absorbed by the body).

Treatment Technique (TT) - A required process intended to reduce the level of a contaminant in drinking water.

Lead and Copper	Date Sampled	MCLG	Action Level (AL)	90th Percentile	# Sites Over AL	Units	Lead and Copper	Likely Source of Contamination
Copper	08/14/2017	1.3	1.3	0.09	0	ppm	Copper	Erosion of natural deposits; Leaching from wood preservatives; Corrosion of household plumbing systems.

Regulated Contaminants

Disinfectants and Disinfection By-Products	Collection Date	Highest Level Detected	Range of Levels Detected	MCLG	MCL	Units	Violation	Likely Source of Contamination
Chlorine	2018	1.3	1.2 - 1.3	MRDLG = 4	MRDL = 4	ppm	N	Water additive used to control microbes.
Total Trihalomethanes (TTHM)	2018	6	6.2 - 6.2	No goal for the total	80	ppb	N	By-product of drinking water disinfection.

Inorganic Contaminants	Collection Date	Highest Level Detected	Range of Levels Detected	MCLG	MCL	Units	Violation	Likely Source of Contamination
Fluoride	2018	1.4	0.7 - 1.4	4	4.0	ppm	N	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories.

We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some contaminants have been detected. The EPA has determined that your water IS SAFE at these levels.

MCL's are set at very stringent levels. To understand the possible health effects described for many regulated contaminants, a person would have to drink 2 liters of water every day at the MCL level for a lifetime to have a one-in-a-million chance of having the described health effect.

We, at the Town of Indian Head, work around the clock to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which are the heart of our community, our way of life and our children's future. Please call our office at 301-743-5511 if you have questions.

INDIAN HEAD CENTER FOR THE ARTS

BLACK BOX THEATER

Summer Programs

June 8th - 7pm-9pm Eleanor's New Deal Cabaret: Pride

An outstanding Showtunes-Themed Cabaret hosted by Southern Maryland's own D'Manda Martini and her talented ensemble. Tickets are \$15 and will help support diversity in the arts the Black Box Theatre.

June 21st and June 22nd - 7pm-9pm "Who's Afraid of Virginia Woolf" by Edward Albee.

Presented by New Direction Community Theater and the Black Box Players. Tickets are \$15 for adults and \$12 Students/Seniors/Military with ID. Suitable for adult audiences

June 29th and June 30th Times Vary "The Final Performance Escape Room" Presented by Henry E. Lackey & North Point High School "Little Rascals" Destination Imagination team. Come out and bring your friends. You must solve a series of clues in order to "Escape" your doom at the Black Box Theatre. Tickets are \$20 or Groups of 3 or more \$15 per person.

B.B.'s Kidventure Summer Camps Ages 10-15 Prices are listed on our website

June 17 - 28th 2 Week

9 am - 3:00 pm

Junior Campers Ages 5-10

July 15th - 19th

Half Day 9 am -12 noon or

Full Day Campers 9 am - 3:00 pm

Master Campers Ages 7-15

(Audition Only or by Approval)

2 week July 29 - Aug 9th

1 week Aug 5- Aug 9th

9 am - 4:00 pm

July -Summer Movie Kick Off

Donations of \$5 include chips and soda

August – Check out our website for our Talent Show and Battle of the Bands

Date: TBD

Summertime Fire Safety

Every year we look forward to summer vacations, camping, family reunions, picnics, and the Fourth of July annual celebrations to include fireworks. However, summer time also brings fires and injuries due to fireworks and outdoor grills. More than 8,000 people annually are injured by fireworks and grill fires. According to the United States Fire Administration, more than half of these injuries occur during the first week of July. Families also enjoy camping in the summer. It is important to follow the park's rules for the use and extinguishing of campfires. By following these simple safety tips, you can make your grilling experience, family get together and other outdoor activities safer and avoid accidents or injuries for an enjoyable summer.

Grilling Safety

- Propane grills
 - Inspect your propane gas grill prior to using for cracked, brittle or damaged hose lines. The easiest way to do this is to spray soapy water on all the lines and connections, if soapy bubbles appear, turn the tank off and make needed repairs.
 - If you suspect a leak or smell an odor, **DO NOT** attempt to light your grill. Turn the cylinder valve off and do not attempt to light the grill until all leaks are repaired.
 - When lighting the grill, open the lid, turn on the gas, if the burner does not light within 5 seconds, turn the burner off, wait 5 minutes then try again. Never use your grill indoors and keep any grill at least 10 feet away from your house or any building.
 - Remember to never use your grill under any structures that can catch fire. These include carports, patio covers, porches and breezeways. **NEVER** store LP gas in homes or garages. LP-gas is heavier than air and a leaking cylinder would allow the gas to seep into the home.

- Charcoal grills
 - **NEVER** burn charcoal in an enclosed facility, when charcoal is burned it produces carbon monoxide, a colorless and odorless gas that can be deadly when inhaled. Approximately 30 people die and 100 are injured as a result of breathing carbon monoxide from charcoal each year.
 - Use only approved starter fluids designed for these grills. Never use gasoline.
 - Never add fluid to the fire while it's burning.
 - Position the grill well away from siding, deck rails and all other flammable/combustible materials. Never leave a burning grill unattended.

- Remember that the charcoal briquettes remain extremely hot even after you finish cooking. Hot coals can result in severe burns if not handled properly. Allow the coals to cool completely, approximately 24 to 48 hours prior to disposal and place all coals in a metal container.
- **Never use a plastic container for ash disposal.**

***As a reminder, use of gas or charcoal grills, on balconies is strictly prohibited within the town limits. The use of these devices on balconies is also prohibited by Maryland State Fire Laws and is subject to a fine by the State Fire Marshal's Office.**

Fireworks Safety

Each July 4th, thousands of people, most often children and teens are injured while using consumer fireworks. Despite the dangers of fireworks, few people understand the associated risks which could include, devastating burns, other injuries and even fires. The United States Fire Administration reports that each year approximately 11,000 people visit the emergency room as a result of firework related injuries. The majority of these injuries were sparklers that burn at about 1200 degrees F. In addition to the reported injuries, almost 18,000 fires were caused by fireworks alone in the past year.

The best way to enjoy fireworks is to visit public fireworks displays put on by professionals who know how to safely handle fireworks. If you plan to use fireworks, make sure they are legal in your area. **Remember, only ground based fireworks and sparklers are legal in Maryland.**

- Never light fireworks indoors or near dry grass.
- Always have a bucket of water and/or a fire extinguisher nearby. Know how to operate the fire extinguisher properly.
- Do not wear loose clothing while using fireworks.
- Stand several feet away from lit fire-works.
- If a devise does not go off, do not stand over it to investigate it. Put it out with water and dispose of it.
- Always read the directions and warning labels on fire-works. If a devise is not marked with the contents, direction and a warning label, do not light it. Supervise children around fireworks at all times.

Heat Related Emergencies

Heat Related Emergencies Summertime activity, whether on the playing field or the construction site, must be balanced with measures that aid the body's cooling mechanisms and prevent heat-related illness. The following are the three major types of Heat Related emergencies and the signs, symptoms and first aid steps for these possible life threatening emergencies. Heat-related deaths and illness are preventable yet annually many people are overcome by the extreme heat. Historically, more people in this country died from extreme heat than from hurricanes, lightning, tornadoes, floods, and earthquakes combined. People suffer heat-related illness when their bodies are unable to compensate and properly cool themselves. The body normally cools itself by sweating. However, under some conditions, sweating just isn't enough. In such cases, a person's body temperature rises rapidly. Very high body temperatures may damage the brain or other vital organs. Several factors affect the body's ability to cool itself during extremely hot weather. When the humidity is high, sweat will not evaporate as quickly, preventing the body from releasing heat quickly. Other conditions related to risk include age, obesity, fever, dehydration, heart disease, mental illness, poor circulation, sunburn, and prescription drug and alcohol use.

Heat Cramps

Heat cramps usually affect people who sweat a lot during strenuous activity. This sweating depletes the body's salt and moisture. When low salt levels develop in the muscles it can be the cause of heat cramps. Heat cramps may also be a symptom of heat exhaustion. Heat cramps are muscle pains or spasms, usually in the abdomen, arms, or legs—that may occur in association with strenuous activity. If you have heart problems or are on a low sodium diet, get medical attention for heat cramps.

Heat Exhaustion

Heat exhaustion is a form of heat-related illness that can develop after several days of exposure to high temperatures and inadequate or unbalanced re-placement of fluids. It is the body's response to an excessive loss of the water and salt contained in sweat. Those most prone to heat exhaustion are elderly people, people with high blood pressure, and people working or exercising in a hot environment. The skin may be cool and moist. The victim's pulse rate will be fast and weak, and breathing will be fast and shallow. If heat exhaustion is untreated, it may progress to heat stroke. Seek medical attention immediately if any of the following occurs: Symptoms are severe The victim has heart problems or high blood pressure Otherwise, help the victim to cool off, and seek medical attention if symptoms worsen or last longer than one hour.

Heat Stroke

Heat stroke occurs when the body is unable to regulate its temperature. The body's temperature rises rapidly, the sweating mechanism fails, and the body is unable to cool down. Body

temperature may rise to 106°F or higher within 10 to 15 minutes. Heat stroke can cause death or permanent disability if emergency treatment is not provided.

Summertime should be a time for fun and making happy memories. By following these simple safety rules and exercising caution when grilling, camping or outside during the hot summer months you and your family can have many safe and enjoyable summer time events. The Indian Head Vol. Fire Department and Rescue Squad would like to wish you and your family a safe and happy summer season.

If you have any questions or are interested in joining us to serve the community, please contact the Fire Department at 301 -753-9400 or 301-743-3900.



CHARLES COUNTY
CRIME SOLVERS

PAID REWARDS
REMAIN ANONYMOUS

CALL 1-866-411-TIPS
CHARLESCOUNTYCRIMESOLVERS.COM

Indian Head Senior Center

The Indian Head Senior Center is located on the Village Green in the Old Post Office. Our address is 100 Cornwallis Square. If you are at least 60 years young we encourage you to be a part of our fast paced center, where we encourage our seniors to be independent as long as possible physically, mentally, spiritually and socially.

Save the date, On Saturday, October 12, 2019 we will be hosting our 14th Annual Breast Cancer Awareness Fitness Walk. We raised over \$4000 last year for **Sisters at Heart** a local breast cancer support group established in 2007. .

Ongoing activities at the senior center to keep you healthy and moving:

Bereavement Support Group – Meets every Monday at 12:45 p.m.

TOPS – Take Off Pounds Sensibly – Meets at noon every Tuesday

Tai Chi is an evidence-based fall prevention program for older adults that also aids with Arthritic pain. Ongoing every Monday & Wednesday at 10:30

Arthritis Foundation Exercise Foundation (AFEP) – This seated program is a community-based recreational exercise program that was originally developed by the Arthritis Foundation in 1987. Every Tuesday and Thursday at 10:30.

Seated Massage – 2nd Friday of each Month – Sign up is required. .50 Per minute.

Jewelry Club – Meets the second, third and fourth Tuesdays at 9:30 a.m.

Quilt N' Chicks – Meets every Wednesday at 10:30 a.m.

Hooked on Yarn – Bring your hook and learn how to crochet or knit. Meeting every Wednesday at 9:30.

Line Dancing w/Pat Duncan every first and second Thursday starting at 1pm – the cost is a fitness card.

Chair Pilates every Tuesday and Thursday morning at 9:15 – the cost is a fitness card.

Fitness Training every Monday and Wednesday morning at 9:15 – the cost is a fitness card.

Chair Yoga Integral Yoga can be done from a chair or on a mat. For levels and abilities every Friday at 9 a.m. - the cost is a fitness card

Fitness Room – Opening the doors at 9 a.m. for the fitness room at no cost to you.

Pool Table – Everyday all day. Come and challenge a senior.

Fitness Card is \$20 for 15 visits.

The Book Club meets every 4th Wednesday at 11 a.m., selection for:

May *Educated* by Tara Westover
June *The Stars are Fire* by Anita Shreve
July *The Tattooist of Auschwitz* by Heather Morris
August *The Alchemist* by Paulo Coelho
September *An American Marriage* by Tayari Jones



Acey Ducey meets the 1st Thursday at 10:30 – this game will challenge your mind

For more up-to-date information go to <http://www.charlescountymd.gov/cs/aging/senior-centers>

Books of the Bible meets every Friday at 1pm

Games and more games ongoing games, such as Spades, Scrabble, Phase 10, Steal the Ole Man's Pile, Dominoes and our new game Spoons, to name a few.

What's coming to the center?

- **Think Pink** every 12th day of the month until October.
- Market Day, Thursday May 30th
- Car Detailing with Brother Jay on June 10th cost \$30
- Father's Day Cookout – Friday, June 14th
- AARP Smart Driving Course, Thursday, June 27, at 9 a.m. -- \$15 for members, \$20 for non-members
- Annual Yard Sale, July 18, 19, 20th at the center.

Stop in during our operating hours, Monday through Friday, 9am to 3pm and meet the staff and the council.



We are ready for the hot, hazy, humid days of
summer at the
Indian Head Senior Center

For more up-to-date information go to <http://www.charlescountymd.gov/cs/aging/senior-centers>



Indian Head July 4th Celebration!

Thursday, July 4

Village Green Park, Indian Head

3:30 p.m. - Patriotic Kick-Off @ Fountain

Live Entertainment Outdoor Stage:

4:00-8:00p.m. - Amusements Rides

4:00p.m.— 8:00p.m. DJ ROCKIN' ROGER

4:00p.m.—Food & Novelty Booths Open

6:00-9:00pm FLIPPIN' EYELIDS

Ticket Booth Closes Promptly@ 7:15pm

Outdoor Stage (bring blankets/lawn chairs)

9:10 p.m. - Spectacular Fireworks Display

Limited General Parking around Village Green

Handicapped Parking Available in V. G. Pavilion Lot

TICKET BOOTH CLOSES PROMPTLY @ 7:15PM - REMAINS OPEN FOR EMERGENCIES/LOST & FOUND ONLY

AMUSEMENTS OPEN 4:00 to 8:00PM - WEATHER PERMITTING WRISTBANDS \$10/ENDLESS RIDES & TICKETS SOLD

—REDUCED RATE RIDE WRISTBANDS FOR TOWN RESIDENTS & MILITARY RESIDENTS—MUST BE PURCHASED IN ADVANCE AT TOWN HALL—

AVAILABLE JUNE 10 TO JUNE 28-PROOF OF RESIDENCY OR MILITARY ID REQUIRED-NOT AVAILABLE AT JULY 4 EVENT

NO RIDE WRISTBAND OR TICKET REFUNDS FOR INCLEMENT WEATHER OR AFTER TICKET BOOTH & AMUSEMENTS ARE CLOSED!

NO PETS OF ANY KIND OR ALCOHOLIC BEVERAGES PERMITTED! *More info 840-375-4061 or karen@townofindianhead.org*



Town of Indian Head



Kids End of School Fun Night & Blue Sky Puppet Show!!!



Thursday, June 20



Indian Head Village Green Pavilion (Indoor)
7:00-9:00pm

Doors Open 6:30pm - PUPPET SHOW STARTS AT 7:00PM

FREE ADMISSION includes Dinner

Dinner (served 7:00pm-8:15pm)



Includes Hot Dog or Peanut Butter & Jelly, Chips, Dessert and Endless Water & Fruit Punch

Fun Activities, Temporary Tattoos, Summer Door Prizes

Children must be accompanied by Adult



Summer Fun Door Prizes

For More Info or to Volunteer — 240-375-4061
or karen@townofindianhead.org

**Come Out & Enjoy
Lots of Fun with your Neighbors
& Make New Friends!**



Annual National Night Out Celebration



**Tuesday, August 6
Indian Head Village Green Park
6:00-8:00pm**

FREE Family Event—Fun For The Everyone!

CC Sheriff's Office N.N.O. Coloring Contest (Ages 4-12) 6:00-8:00pm
Displays, Demonstrations, Handouts & Fun Activities

Cookout Food Served 6:00-7:45pm

Live Entertainment featuring *The Bucket List Band*

TAKE A BITE OUT OF CRIME - LEAVE YOUR PORCH LIGHTS ON *SUNDOWN TO SUN UP!*
& Join the Town of Indian Head's Townwide Neighborhood Crime Watch Program

**Interested participants and all Businesses and service, youth, fraternal, sports, religious,
& other organizations wanting to participate/volunteer
—contact Karen (240)375-4061 or karen@townofindianhead.org**

Town of Indian Head

Grandparents/55&Older Night

Thursday, Aug. 8

NEW TIMES: 6:00-8:00pm

Indian Head Village Green Pavilion (Indoor)
Enjoy DINNER on the Town and Delightful Entertainment

Featuring *The Port Tobacco Pickers*
Bluegrass Band



Family Members of All Ages Welcome
Free Admission

More Info. 240-375-4061

Town of Indian Head



Kids Back to School Night

Thursday, August 22

Indian Head Village Green Pavilion (Indoor)
7:00-9:00pm

Doors Open 6:45pm

FREE ADMISSION includes Dinner & Snacks

Dinner (served 7:00pm-8:15pm)

Choice of Hot Dog or PB&J Sandwich, Chips, Fruit Snack, Unlimited Fruit Punch & Water & Dessert

Children must be accompanied by Adult



Co-Sponsored with NETS
(Neighbors Eager To Serve)

More Info/Questions—240-375-4061
Or Karen@townofindianhead.org

DOOR PRIZE DRAWINGS

Loaded Back Packs
Pre-K thru 8th Grade

for

**I.H. ELEMENTARY & GENERAL SMALLWOOD
MIDDLE SCHOOL & HOME-SCHOOLED
STUDENTS ONLY!**

INDIAN HEAD DANCE COMPANY SHOWCASE

WHEN

Wednesday, June 26
6:00pm – 8:00pm

WHERE

Village Green Pavilion

100 Walter Thomas Rd, Indian Head, MD 20640



ALL AGES EVENT

FEE: BY DONATION AT THE DOOR

SPONSOR
I.H. Parks & Recreation

CONTACT US:
(240) 419-4362
INDIANHEADDANCECOMPANY@GMAIL.COM

OUR SOCIAL MEDIA:

Facebook: Indian Head Dance Company

INSTAGRAM:
INDIANHEADDANCECOMPANY

CHOREOGRAPHER & INSTRUCTOR
MS. MEGAN HILL

"Dream With Your Feet"



THE BLACK BOX THEATRE



Can you
Escape?



Ever since the disappearance of an aspiring young actress back in 1930, disappearances of young artists at the local theatre have gone up....

A singer in the 40's, a prop designer in the 60's, and a playwright in the 80's. The mystery still remains.... but one fact is for sure, the last thing each of them were participating in was their

FINAL PERFORMANCE

Can **YOU** follow the clues and **ESCAPE** the theatre before the next final curtain falls?

June 29th & 30th

\$20 per person
\$15 per person in a group of four or more.

4185 Indian Head Hwy
Indian Head, MD 20640

"The Final Performance"

Escape Room

presented by
Henry E. Lackey
& North Point H.S.

"Little Rascals" Destination
Imagination Team

(Ticket purchase will go towards donation for The Indian Head Center for the Arts.)
Reserve your Escape Room time slot today!
Groups up to 10 people per time slot.

IndianHeadBlackBox.org (For ticket reservation and purchase)

Charles County Recreation, Parks & Tourism

Summer Camps

Plan your summer with us! From day camps and aquatics to special needs and sports – we have all the camps your family needs.

Camps are available from **June 17–Aug. 30** and start as low as **\$90/week.**

Learn more about all our camps at
CharlesCountyParks.com



Learn more!



Charles County Department of Recreation, Parks, and Tourism
8190 Port Tobacco Road, Port Tobacco, MD 20677
301-932-3470 • MD Relay Service: 7-1-1 (TDD: 1-800-735-2258) • www.CharlesCountyParks.com



St. James Episcopal Church Community Spaghetti Dinners



2019

Monday, Mar. 25
Monday, Jun. 3
Monday, Jul. 29
Monday, Sep. 30
Monday, Dec. 2

5:00-6:30pm

7 Potomac Avenue 301-743-2366

No Charge Event - Public Welcome!!