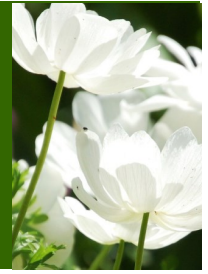




Town of Indian Head NEWSLETTER



ISSUE 73 SPRING 2021

Town Hall Office Hours

Monday - Friday
8:30 a.m.- 4:30 p.m.

The office is still closed to the public. Please check the website for updates

Phone Numbers

Ofc: 301-743-5511
Fax: 301-743-9008

Holiday Closings

Town Hall, Public Works and the Community Affairs Office will be closed on the following days this quarter in observance of the holidays listed

Good Friday

Friday, April 2

NO Trash Pickup

Memorial Day

Monday, May 31

NO Trash Pickup

If you have a water or sewer emergency after hours, call 301-743-2222 to report your emergency. On-call Town personnel will be contacted and the problem will be handled accordingly. After hours non-emergency type problems can be reported by leaving a message on the Town Hall office number 301-743-5511. Be prepared to furnish your name, address, phone number and brief, but detailed description of the type of problem. Water cutoffs for non-payment are not considered emergencies and are only handled during Public Works regular business hours.

Welcome Spring! We are not letting Covid-19 steal our sunshine! We are excited to celebrate Spring's arrival with a Spring-Easter Fun on Wheels Family Day & Mobile Scavenger Hunt Adventure on Sunday, Mar. 21, 2:00-4:00pm in Village Green Park! Drive thru the Village Green to collect goodies & treasures from our wonderful community partners - candy, crafts, school supplies and other springtime fun stuff! Then join in on a Mobile Scavenger Hunt Adventure around Town!! Visit 9 destinations to collect Easter eggs and learn fun facts about each stop and during your adventure be sure to capture selfies and post to our provided #tags. Return to the Village Green by 4:00pm with the 9 collected egg to win a prize! Take a Selfie station will be available complete with a 5ft cutout of the Easter Bunny! This is a Free outdoor community event! Join us for an Egg-cellent time!!!! For more info call 240-375-4061 or email karen@townofindianhead.org.

Look for other community events & activities also on Spring's horizon – Bike to Work Day & Memorial Day Remembrance, Free Community Drive Thru Dinners from our local churches, Virtual Craft Fairs from local organizations, Seniors activities from the I.H. Senior Center, Countywide Outdoor Youth Spring sports & more!

Don't forget the *Lifestyles/End Hunger Charles County Food Cabana* (located across from the I.H. Town Hall in front of the Community Affairs/Black Box Theatre complex) is open Monday, Wednesday, and Friday, 11:00am-3:00pm. This free service provides residents with a Grab-n-go meal for anyone in need!

We hope everyone continues to stay safe & healthy, and we look forward to seeing you around Town!

Upcoming Meetings

At this time all meetings continue to be held virtually. You may log in for any meeting by going to <https://gotomeet.me/TOIH> You can also dial in using your phone, 1 (571) 317-3122 Access Code: 135-757-733

Please make sure to check the Town's website, www.townofindianhead.org to stay up to date on any changes to the upcoming meetings and events and Town Hall operations. Follow us on the Town of Indian Head Facebook Page

Town Meeting: Town Meetings are the 1st Monday of every month unless it happens to fall on a holiday. The Spring Town Meetings will take place on Mon., Mar. 1, Mon., Apr. 5, & Mon., May 3.

Community Activities Committee: Tues., Mar. 9th, virtual format. Contact Karen Williams for further information. 240-375-4061 or karen@townofindianhead.org.

Planning Commission: Wed., Mar. 17, Wed., Apr. 21, & Wed., May 19, 5:30pm.

Work Session: Wed. Mar. 24, Wed. Apr. 28 & Wed. May 26, 3:30pm.

Town FY22 Budget Public Hearing: Thurs., Apr. 8, 7:00pm. The Town Manager & staff with the Town Council will present the Town FY22 budget and field questions from citizens. Questions/more info, call: 301-743-5511.

Mayor's Message by Brandon Paulin

Hello everybody,

Despite a global pandemic, progress continues to be made in the Town of Indian Head. The Boardwalk is well underway, and pilings are in the Potomac River. Once this project is complete it will be a great amenity for many residents and open up access to the historic and beautiful Potomac River.

Renovations have started on the old CVS/A&P building. Acquired by Mid-Atlantic development shortly before construction began, part of this building will house the United States Bomb Technician Association. With the location across from the Velocity center we envision this area of town being ripe for massive advances in technology, education, and employment opportunities. Thus, creating a "technology campus" of sorts.

Also, I encourage everyone to take a look at SB213 and SJ002 regarding the names of Indian Head Hwy (SB213) and Town of Indian Head (SJ002) proposed by Senator Ellis. After speaking with Francis Gray, Tribal Chairman of the Piscataway Conoy, we came to a general understanding that many may not know the history of the town's name deriving from "Indian Headlands". I am proposing a committee with town residents and Piscataway tribal members to investigate our history, conduct interviews, provide insight, receive public opinion, provide education, and make recommendations to the town council. Doing so will start a dialogue about any sensitivities, help better educate everyone, get the public's pulse, and help the community as a whole. The dialogue step with the public and Piscataway is extremely important, a step that Senator Ellis appeared to completely miss out on before proposing this legislation. If you have an opinion on any of these issues, for or against, I encourage you to contact Senator Ellis' office directly.

Lastly, I wanted to end on a "good news" note. Please see the story below!
"NSF Indian Head Firefighters Deliver Baby

Naval District Washington (NDW) Fire and Emergency Services Indian Head Company received a special thank you at a socially distanced ceremony Feb. 16 for a "once a career" call that saw them welcome a new life into the world. The peaceful face of Zhyion, two weeks old, belied his too-exciting grand entrance Feb. 2, when the team of eight firefighters received a call for mutual aid from the Town of Indian Head.

Jaekia Singleton, Zhyion's mother, was taking a bath when labor contractions arrived suddenly. Indeed, the firefighters themselves barely arrived before the moment of truth. "I said catch him," said Singleton. "He's coming."

With Singleton's mother Kenya encouraging her to push, Firefighter Nick Harrison accepted delivery. "[Zhyion's] eyes were wide open, looking right at me," said Singleton. "He gave out a good cry. It was awesome."

(Continued on Page 3)

TOWN OF INDIAN HEAD OFFICIALS / BOARDS / PERSONNEL

Mayor

Brandon Paulin

Council

Ron Sitoula, Vice Mayor

Randy Albright, Councilman

Town Manager

Ryan L. Hicks

Planning Commission

Mary Armstrong, Chair

Wayne Higdon

Thomas Gordon Sr.

Kelly White

Brian Israel

Anthony McFarland

Board of Zoning Appeals

Dennis Scheessele

Rose Chase

Rickie J. Posey

Ethics Commission

Mark Hobgood

Town Hall Staff

Annie Brady, Town Clerk

Ginger Foster, Finance Officer

Diane Campbell, Deputy Finance Officer

Karen Williams, Community Affairs

CPL Curtis #527, Community Police Officer

Planchek, Code Enforcement

Eric Woodland, Head of Operations

Calvin Barnes, Field Supervisor

EAST, Inc., Water/Wastewater

Town Website

www.townofindianhead.org

A ride in the ambulance to the hospital for further checks on mother and baby was perhaps the only routine part of the call. "They got us to the hospital and made sure the truck was nice and warm," said Singleton, who thanked the responders. "It was perfect. It was definitely appreciated."

After a few comfortable weeks at home, Singleton returned to thank the firefighters, accompanied by Kenya, Zhyion and new big brother Messiah, 5. The family was joined by CAPT Todd Copeland, Naval Support Activity South Potomac (NSASP) commanding officer, Chief Craig Jackson, district fire chief, and Indian Head Mayor Brandon Paulin, who presented the group with the key to the town.

The key, said Paulin, is for this "extraordinary feat" and "the mutual aid that you guys continue to provide out in town, out in the community. You're often there before anyone else and that needs to be recognized, and so I present to the department the key to the Town of Indian Head."

In Fiscal Year 2020, NSF Indian Head firefighters ran 964 mutual aid calls in the surrounding community. Across the Potomac River, NSF Dahlgren firefighters ran 431 more mutual aid calls. Mutual aid not only keeps Navy firefighters' skills sharp and provides community service, it also ensures community emergency assets come to the base when needed. However, the nature of emergency response means it's a rare call that is a truly happy affair.

"I highlight this because we run tons of calls," said Jackson. "This one here is a gift. You can go 25 years and an entire career without delivering a baby. I want to thank each one of you that were on this call."

Copeland greeted the Singletons and presented a command coin to Zhyion by way of big brother Messiah. He thanked the firefighters and recalled hearing the good news move up the chain of command as the base and region conducted an annual security drill. "That is absolutely amazing," he said. "I'm so very proud of you."

Each of the eight responding firefighters – Randy Feltner, Mike Gordon, Nick Harrison, Jason Jones, Mark Kaufmann, Roger Kennedy, John Price and Matt Rogers – received a letter of appreciation from Copeland, complete with animated stork. Bravo Zulu Firefighters and congratulations to Zhyion's family!"

I hope everyone and their families stay safe during these times. Stay involved, shop local, and go like "Indian Head Food Co-Op" on Facebook.

Until next time,
Mayor Paulin

CIVIC EVENTS CALENDAR

American Legion Meeting

2nd Wednesday of each month - 8:00pm
Senior Community Center
301-283-0105

Western Charles/Indian Head Chapter 126 of the National Association of Retired Federal Employees (NARFE) meets the 1st Thursday of each month (Except July & August) 301-743-9445 or 301-743-3055

RELIGIOUS SERVICES

St Mary's Star of the Sea Church

Sunday Services 7:30, 9:00 & 11:00am
Saturday Services 5:00 pm
Confessions Saturdays 4:00 to 4:30pm
Special Devotions 7:30am mass on the 1st Friday and 1st Saturday of each month

301-753-9177

Indian Head Baptist

Sunday School 9:15am
Sunday, Morning Worship 10:30am
Sunday Bible Study 6:00pm
Wednesday Prayer Meeting 6:30pm
301-743-3707

St James Episcopal

Sundays at 10am via Zoom
Thursdays at 8am on FaceBook during Lent
Wednesdays at 8am after Lent
301-743-2366

Indian Head Church of the Nazarene

Sunday School 9:45am
Sunday AM Worship 11:00am
Sunday PM Worship 6:00pm
Wednesday Adult Bible Study 7:00pm
301-743-5768

Indian Head United Methodist Church

Sunday School 9:30am
Worship 11:00am
301-743-2312

Greater Spiritual Fellowship Community Church

Sunday School 9:30am
Sunday Worship 11:00am
Tuesday Discipleship Training 7:30pm
Thursday Bible Study 7:30pm
301-743-6014

Congregation SHA'ARE Shalom

Services 1st Friday, 2nd & 4th Saturday every month.
www.shaareshalomsomd.org
301-645-4606

Indian Head Worship Center

Sunday Christian Education 9:30am
Sunday Morning Service 11:00am
Sunday Youth & Young Adult Service 6:30pm
Tuesday Bible Study 7:30pm
Friday Evangelical Service 7:30pm
301-743-7772

Cornerstone AME

Sunday Morning Service 10:30am
301-743-6607

New Life Christian Ministries, Int'l

Worship Service—Sunday 11:00am
Bible Study—Tuesday 7:00pm
240-377-8919

Town of Indian Head Useful Information

Town Codes

- **Burning**—No burning is allowed within the Town limits.
- **Animal Control**—Dogs must be kept on the owner’s property unless properly restrained. The Charles County Animal Control provides animal enforcement within the Town. Call 301-932-1713 if you have a problem.
- **Abandoned or Inoperative Vehicles** are prohibited within the Town and may not be kept on the street for more than 24 hours or on private property, with certain exceptions. Call Code Enforcement at 301-743-5511 ext. 101 with any questions.
- **Property Maintenance**—Every dwelling and lot shall be kept free from trash and garbage. Weeds and grass must be cut and kept shorter than 10 inches.
- **Building Code**—The Town has an adopted building code. Any new construction or remodeling, including, but not limited to porches, fences, sheds and garages, requires inspection and a building permit from the Town.

Code Enforcement

Planck administers the Residential Property Maintenance and Building Codes for the Town of Indian Head. The Code Enforcement Officer does daily inspections throughout Town to check for code compliance. When a property is not up to code, the Code Enforcement Officer will issue a violation letter to address the code violation. Depending on the type of violation, the days for corrective action can be between 7 to 30 days. After the specified number of days, a fine letter will be issued for an additional 7 to 30 days, followed by a citation if the violation has still not been addressed. At the time that the citation is issued, the violation may be taken to court, or the Town may complete the needed property maintenance and lien the property for any costs incurred. The Town’s Code Enforcement also does rental license inspections, and building permit inspections.

If you have any questions about the Code Enforcement process, if you would like to report a Code Enforcement violation, or if you need to speak with the Code Enforcement Officer in reference to an inspection, please call 301-743-5511 ext. 101.

Recycling/Yard Waste

Solid waste products such as glass jars and bottles, newspapers, plastic bottles and metal cans will be picked up at the curb every Thursday within the Town of Indian Head. Place these items in your recycling bin - no need to separate them. Have them curbside by 7:00am.

Yard waste will be collected on Wednesdays, year-round, weather permitting. Grass clippings and leaves must be placed in brown paper bags or in a trash container marked “Yard Waste” and placed at curbside. Brush must be bundled and must not be any longer than four feet (4’) in length. Individual pieces of brush must not be any larger than six inches (6”) in diameter.

Bulk trash can now be scheduled year-round on Wednesdays. Fee of \$50 (cash, money order, debit/credit **ONLY**) per scheduled pick-up must be paid in advance at time of scheduling at Town Hall. All items must be curbside by 7:00am on the pre-scheduled pick-up day but not earlier than 48 hours prior to pick-up day.

Utility Rates

The Town bills for utilities on a quarterly basis. Please make note that you will be receiving a bill four times a year (April, July, October, January). **You are encouraged to make an estimated payment monthly toward your quarterly bill.** For more information you can call Town Hall at 301-743-5511

Water & Sewer Rates

Minimum rate for all residential customers **\$70.40**
(per dwelling unit per quarter) plus
\$6.85 for every 1,000 gallons used
Minimum rate for all commercial customers **\$212.80**
(per unit per quarter) plus
\$6.85 for every 1,000 gallons used

Bay Restoration Fee

\$15.00 to State of Maryland Comptroller’s office for the Bay Restoration Fund

Trash Rates

Residential/Multiple Residential Rate: \$85.00 (per dwelling unit per quarter) - Billed quarterly for twice a week curb-side pickup and one (1) recyclable products pickup per week. (Trash must be in a 20 to 32 gallon metal or hard plastic trash container with a secured lid)

Commercial Rate:

Category I	Dumpster (4cu yds)	\$495.00 per qtr
Category II	Maximum 2 cans (per unit)	\$95.00 per qtr
	Each additional can	\$46.00 per qtr

All residential and commercial units within the Town of Indian Head shall avail themselves of the Town’s curb-side trash collection service.

Greetings from the Black Box



We are continuing to improve our space for upcoming 2021 events. From new awnings, to the shared patio, and more to come, we are looking forward to great things this year.

We have improved our internet access to allow for upcoming online events. Continue to visit our website, Facebook page, and Instagram for updates.

Indianheadblackbox.com, facebook.com/IndianHeadBB, Instagram (@indianheadblackbox)

St. James Church

We continue to do our best to be “the church” as we gather to worship Almighty God, care for our neighbors and share the love of Jesus.

Sundays Worship Services - 10am via Zoom and Facebook

Wednesdays - 8am (not during the season of Lent) Morning Prayer via Facebook

Wednesdays at noon during Lent: Discussion of *Living Well Through Lent: Listening With All Your Heart, Soul, Strength, and Mind* by Zoom

Thursdays during Lent - 8am Morning Prayer via Facebook

Holy Week and Easter services will be held. Check the website or FB page for details.

The church building on Potomac Avenue will be open occasionally for Silent Prayer.

We offer the community free access to our Wi-Fi. You come to our parking lot, sit in your car, and use the service. Call for more details.

We are planning on more drive-thru dinners: Spaghetti, Friday Fish Fry, Corned Beef, Ham & Cabbage.

For mor information, please call 301.743.2366, check out our Facebook page, or visit our website at stjamesindian-head.org

You can also check our sign next to the church on Route 210.
God Bless you—stay healthy—be safe!! We are praying for all!

A decorative border at the top and bottom of the flyer features green leaves and various flowers, including purple and white blossoms.

Feeding Our Community
Contactless Drive-Thru
5:00-6:00pm

FREE DINNERS

Thursdays,
Mar. 25, Apr.22, May 20

Indian Head United Methodist Church
19 Mattingly Avenue
Indian Head

Spring Cleaning is a Good Time to Think about Home Fire Safety

By Chief Jeff Williams

Although it may not feel like Spring, it will soon be here and with it our thoughts turn to warmer temperatures and Spring Cleaning. This is a great time of year to do a thorough cleaning of our homes and yards. The Indian Head Vol. Fire Dept & Rescue Squad would like to remind everyone that your "Spring Cleaning" project should also be a time to remember fire safety and remind everyone of the following safety tips.

When cleaning the inside of your home, do not forget to check these vital life safety devices and areas thoroughly.

Smoke alarms increase your chances of surviving a home fire by 50% so be sure to check these devices for proper operation and be sure to clean them by vacuuming them as part of your cleaning.

- Be sure to test your smoke alarms. If they are not working properly, it is time to replace them.
- Check the age of the smoke alarms, they should be replaced every ten years according to the manufacturers of the devices.
- As a reminder, in the state of Maryland, if you replace your existing or install new smoke alarms you must replace them with a new 10-year battery life battery alarm.
- Be sure to test your smoke alarms. If they are not working properly, it is time to replace them.
- At minimum, there should be at least one smoke alarm on every floor of your home.

Test your carbon monoxide alarms and replace any alarms that are 10 years old or older as well.

If you have a fire extinguisher in your home this is a good time to check it and replace it if necessary. If you have an ABC Dry Powder extinguisher it needs to be replaced every 12 years.

This is a good time to check all electrical equipment and appliances for damaged or frayed cords and replace them if necessary.

- Be sure to check your electrical outlets to ensure that they are not overloaded or damaged.

Remember to check for lint buildup from your dryer in the hose and vents. Dryer fires are rapidly becoming a major cause of home fires.

Clean your oven and stove making sure you get all the grease and unwanted buildup to prevent a fire.

(Continued on Page 7)

Outside cleaning is just as important as inside.

- Be sure to remove all outdoor debris and dead vegetation away from home to help reduce the potential of a fire starting in your yard and extending to your home.

- **As a reminder, these items need be properly disposed of by recycling or through the Town. Do not attempt to burn these items as there is no outdoor burning permitted within in the Town limits.**

- Be sure your address numbers are visible for all Emergency Services to see in the event of an emergency and if needed replace the numbers with new ones.

- All fuels for lawn and garden equipment should be stored in an approved container and never stored in your home or attached garage.

As part of our Spring Cleaning, many of us take this opportunity to get rid of many of the old and/or unwanted household chemicals and yard fertilizers. As a reminder these chemicals should be sorted in their original containers and properly disposed of at the Charles County landfill at no cost to you. Here are a few examples of these types of products:

- Pesticides, fertilizers and weed killers • Pool chemicals • Paint and thinners • Gasoline or other flammable/combustible liquids • NEVER dispose of these types of products in the trash as they could leak causing a chemical reaction and possibly start a fire.

Grilling Safety

- Barbeque gas grills should be thoroughly inspected, including gas hoses, connections, burners and propane tanks should be inspected prior to use.

- Any old charcoal should be disposed of properly. Once charcoal gets wet it can spontaneously self-combust once it dries.

- As a reminder, it is against the Maryland State Fire Laws to grill on a balcony and you could face possible fines if you are found grilling on a balcony.

By following these simple safety tips while performing your annual Spring Cleanup you can greatly improve your family's safety and reduce your chances of a fire in your home. If you or neighbors need a new 10-year battery smoke alarm or if you have any questions or concerns about Fire Safety/Prevention, please contact the department at 301-753-9400 or 301-743-3900. If you are interested in serving your community and becoming part of our team, please stop by and see us at the Fire Station.



**Serving Our Community and Surrounding Communities
Since 1948**

CHANGE YOUR CLOCKS



CHANGE YOUR BATTERIES

On Sunday, March 14, 2021

Daylight Savings Time begins at 2 am

Remember your Clocks Spring Forward 1 hour and your batteries in your **Smoke Alarms** and **Carbon Monoxide Detectors** need to be changed. This way our Smoke Alarms and Carbon Monoxide Detectors will be constantly working and helping our Family get out in case a fire is started.

This message brought to you by Chief Jeff Williams and the Members of Indian Head VFD & RS Inc. along with the Auxiliary

March 1 – 15, 2021
Cookie Sale Fundraiser

Indian Head VFD & RS Inc. Auxiliary will be hosting a Spring Sugar Cookie Decorating Kit **Fundraiser** for \$20 a box. Each box comes with one dozen sugar cookies cut out in 4 Spring shapes, 4 colored frostings, small ball of fondant, and 4 different kinds of sprinkles. Each member will have cookies to sell or you can contact Mary Hashagen 301-885-7924 to reserve your box and put you in contact with a member near you. What a great family activity to get ready for Spring and just in time for some tasty treats for Easter.

April 9th -11th, 2021
On-Line Silent Auction
Facebook – Indian Head VFD & RS Auxiliary

The Indian Head VFD & RS Inc. Auxiliary will be holding an On-line Silent Auction (Facebook) which will begin on Friday, April 9th at 5 pm through Saturday April 11th at 5pm. All items will have a \$25 starting bid and to raise in \$5 increments. The person who bids the highest at the close of the Auction will win the item. Items will be picked up at the FH.

SAVE THE DATE
April 30th – May 2nd
Virtual Craft Fair On-line – Drive thru Lunch

The Indian Head VFD&RS Inc., Aux will be hosting a virtual Craft fair where you can shop crafters libraries on line over the weekend.... It is going to be a GREAT new way to shop for those homemade crafts for Mother's Day and Summer, as well as a few well-known vendors. More to come on this event – just save the dates.... On line shopping at its best! We will also Host a Drive thru lunch on that Saturday and maybe a LIVE sale as well...you won't want to miss this weekend full of events!

The Indian Head Senior Center is located on the Village Green in the Old Post Office. Our address is 100 Cornwallis Square. If you are at least 60 years young we encourage you to be a part of our fast-paced center, where we encourage our seniors to be independent as long as possible physically, mentally, spiritually, and socially.

Indian Head Senior Center - March

*Register for fitness by calling 301 609-5711
 Coffee & Conversation/Intro to MS Teams call 240 448-2815 to register
 Virtual Book Club – <https://ccplonline.libnet.info/event /4775828>
 Tai Chi will resume in April. Look for Flash Mob Classes!

All Charles County Seniors Centers are currently closed for indoor programming. We are offering outdoor and virtual programming to keep all seniors safe and engaged. Outdoor programs will be offered on the Village Green if the feel like temperature is 40 degrees or higher. All virtual programming will be available on Facebook or MS Teams. Facebook Page is Charles County Senior Centers. For more information call Cynthia at 301 743-2125.

1	2	3	4	5
*AFEP 11:30 Coffee & Conversation MS Teams 2:00 Facebook Workout...7:00	*Small Group Training 10:00 Fitness Move of the Week-Facebook 2:00	Coffee & Conversation MS Teams 9:00 *AFEP 11:30 Warm Up & Walk Village Green w/Nate 12:30 AFEP Facebook Live7:00	*Small Group Training 10:00 Virtual Book Club .. 1:00 Intro to MS Teams.. 2:00	*AFEP 9:00 Peanut Butter Roll Facebook Live 2:00
8	9	10	11	12
* Guided Meditation 10:00 *AFEP 11:30 Coffee & Conversation MS Teams 2:00 Facebook Workout...7:00	*Small Group Training 10:00 Drive Thru Lunch Indian Head (RSVP by 2/23) 11:30 Fitness Move of the Week-Facebook 2:00	Coffee & Conversation MS Teams 9:00 *AFEP 11:30 Warm Up & Walk Village Green w/Nate 12:30 AFEP Facebook Live7:00	*Small Group Training 10:00 Intro to MS Teams.. 2:00	*AFEP 9:00 Biking w/Nate (White Plains) 1:00
15	16	17	18	19
* Guided Meditation 10:00 *AFEP 11:30 Coffee and Conversation MS Teams 2:00 Facebook Workout...7:00	*Small Group Training 10:00 Drive Thru Lunch Clark (RSVP by 3/1)..... 11:30 Fitness Move of the Week-Facebook 2:00	Coffee & Conversation MS Teams 9:00 Green Food and Smoothie MS Teams 10:00 *AFEP 11:30 Warm Up & Walk Village Green w/Nate 12:30 AFEP Facebook Live7:00	*Small Group Training 10:00 Drive Thru Lunch Nanjemoy (RSVP by 3/3)..... 11:30	*AFEP 9:00 Intro to MS Teams .. 11:00 Biking w/Nate (Indian Head) 1:00
22	23	24	25	26
*AFEP 11:30 Coffee & Conversation MS Teams 2:00 Facebook Workout...7:00	*Small Group Training 10:00 Drive Thru Lunch Waldorf (RSVP by 3/8) 11:30 Fitness Move of the Week-Facebook 2:00	Coffee & Conversation MS Teams 9:00 *AFEP 11:30 Warm Up & Walk Village Green w/Nate 12:30 AFEP Facebook Live7:00	*Small Group Training 10:00 Tough Topic Thursday w/Cynthia MS Teams 11:00	*AFEP 9:00 Intro to MS Teams .. 11:00 Biking w/Nate (White Plains) 1:00
29	30	31		
* Guided Meditation 10:00 *AFEP 11:30 Coffee & Conversation MS Teams 2:00 Facebook Workout...7:00	*Small Group Training 10:00 Fitness Move of the Week-Facebook 2:00	Coffee & Conversation MS Teams 9:00 *AFEP 11:30 Warm Up & Walk Village Green w/Nate 12:30 AFEP Facebook Live7:00	Find more programming in the SCOOP. https://www.charlescountymd.gov/services/aging-and-senior-services/scoop	



Easter Fun On Wheels Family Day & Mobile Scavenger Hunt

SUNDAY, MARCH 21 2:00-4:00PM Indian Head Village Green Park



Drive Thru the Village Green to Collect Goodies & Treasures & Join In a Mobile Scavenger Hunt Adventure Around Town to Win a Prize!!!

Free Community Event

Scavenger Hunt Adventure Around Town —
Visit 9 Destinations to collect Easter eggs and learn fun facts about each stop. Return to the Village Green by 4:00pm with the 9 collected eggs to win a prize!!!

On-Site Take-A-Selfie Station

Join us for an Egg-cellent time!!!



FACE MASKS & SOCIAL DISTANCING PRACTICES ARE REQUIRED FOR ALL PARTICIPANTS!!!

Questions/More Info — 240-375-4061 or Karen@townofindianhead.org



BUSINESS HIGHLIGHTS

DALE'S SMOKEHOUSE
301-743-6777
Dale Hayes/Pam Hundley
dalessmokehouse@aol.com
4645 Indian Head Hwy
Indian Head, MD 20640

Michelle's Cakes
4336 Indian Head Hwy,
Indian Head MD, 20640
301 246.9007
www.michellescakes.net
michellescakes@yahoo.com
Find Me On Facebook

CLARITY COFFEE HOUSE
M-F 6 AM Wkend 7AM

(240) 377-8190 4175 Indian Head Hwy
Info@ClarityCoffeeShop.com Indian Head, Maryland 20640
www.ClarityCoffeeShop.com

State Farm®
Providing Insurance and Financial Services
Home Office, Bloomington, Illinois 61710

David Dixon, Agent
3A North First Street
Indian Head, MD 20640-1801
Bus 301 743 7200 Fax 301 743 5790
Cell 240 299 6490
dave.dixon.gzme@statefarm.com

The greatest compliment you can give is a referral.

Vincent Ippolito
President/Pharmacist

Indian Head Care Pharmacy
The pharmacist you know the care you deserve

Hometown Pharmacy 301-684-2580
www.indianheadcare.com 301-684-2693

4115 Indian Head Hwy.
Indian Head, MD, 20640

Due to recent events in Town, the Town Council wanted to share information on firearm safety in your home. The Council also plans to work with the Charles County Sheriff's Department on a gun safety seminar for Town residents.



TEN TIPS FOR FIREARM SAFETY IN YOUR HOME

- Always keep the firearm's muzzle pointed in a safe direction. A "safe direction" means that the gun is pointed so that even if an accidental discharge occurred, it would not result in injury.
.....
- Always keep your finger off the trigger until you actually intend to shoot. When handling a gun, rest your finger outside the trigger guard or along the side of the gun. Don't touch the trigger until you are actually ready to fire.
.....
- Firearms should be unloaded when not actually in use. Whenever you pick up a gun, such as when removing it from or returning it to storage, remember to point it in a safe direction and make sure it is unloaded.
.....
- Be sure you know how your firearm operates: read the manual on your firearm, know how to safely open and close the action of the firearm and know how to safely remove any ammunition from the firearm and its magazine.
.....
- Store your firearms in a locked cabinet, safe, gun vault or storage case when not in use, ensuring they are in a location inaccessible by children and cannot be handled by anyone without your permission.
.....
- Store your ammunition in a locked location separate from firearms.
.....
- Use a gun locking device that renders the firearm inoperable when not in use. A gun lock should be used as an additional safety precaution and not as a substitute for secure storage.
.....
- Make sure young people in your home are aware of and understand the safety guidelines concerning firearms. Have them sign the Project ChildSafe Pledge for young people—a reminder that if they find an unattended firearm in their home or a neighbor's to not touch it, and tell an adult.
.....
- Always unload, clean and place your firearms in their secure storage location immediately after returning from a hunting trip or a day at the range.
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- Educate everyone in your family about firearms safety. Visit the Project ChildSafe website for safety information and to find out where to get a free firearm safety kit in your area.
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The National Shooting Sports Foundation, a leading organization promoting firearm safety and responsibility in the U.S., launched Project ChildSafe in 1998 (prior to 2003 the program was called Project HomeSafe). Project ChildSafe is a nationwide initiative to promote firearm responsibility and provide safety education to all gun owners. While children are a focus, Project ChildSafe is intended to help young people and adults practice greater firearm safety in the home. The program has provided more than 40 million free firearm safety kits to gun owners in all 50 states and five U.S. territories. Firearm owners can find tools, tips and information about safe and responsible firearm storage at projectchildsafe.org.

Project ChildSafe is a program of the National Shooting Sports Foundation